

The Early Universe as a Laboratory for Particle Physics

Nikita Blinov

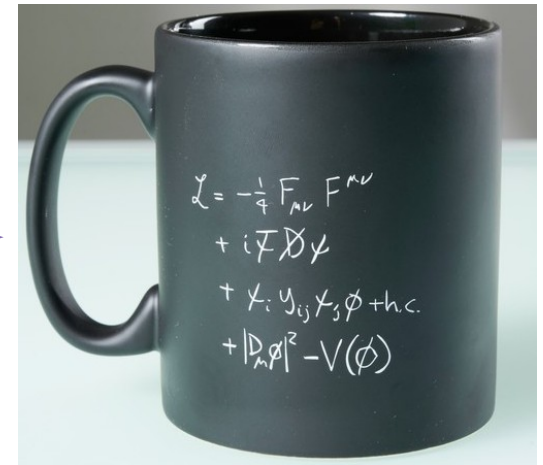
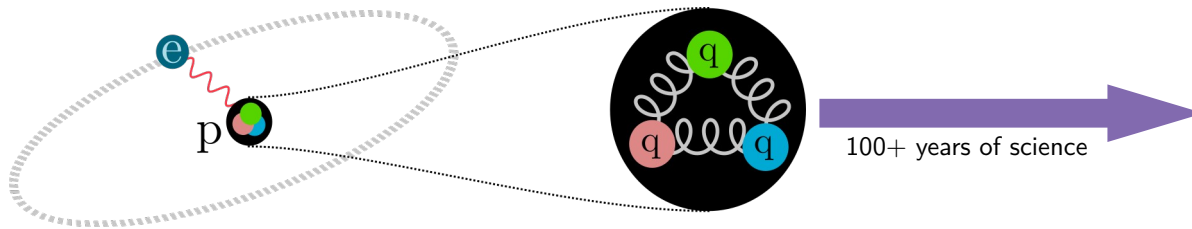
April 6, 2021

York University



Triumph of the Standard Model

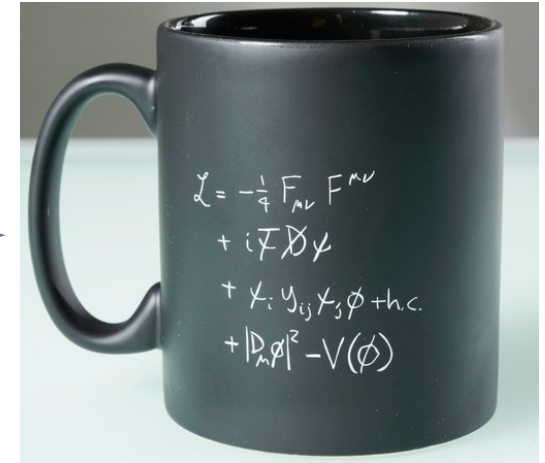
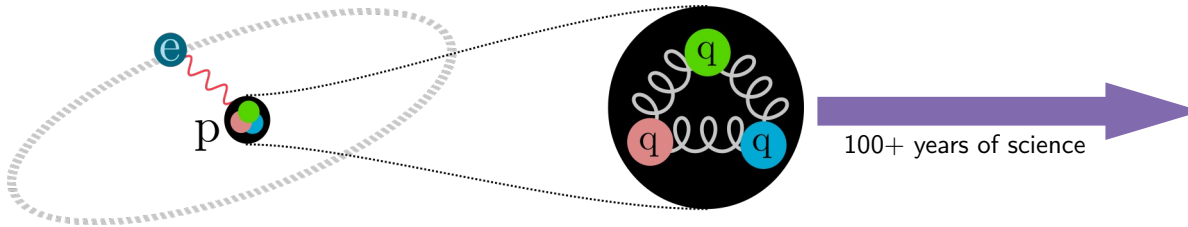
Standard Model describes properties and interactions of leptons, quarks and force carriers



CERN Gift Shop

Triumph of the Standard Model

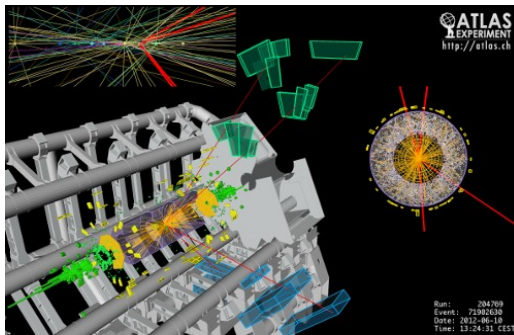
Standard Model describes properties and interactions of leptons, quarks and force carriers



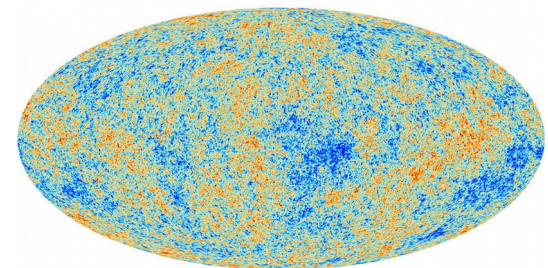
CERN Gift Shop

Enormous dynamic range when combined with gravity

Large Hadron Collider probes $\sim 10^{-20}$ m

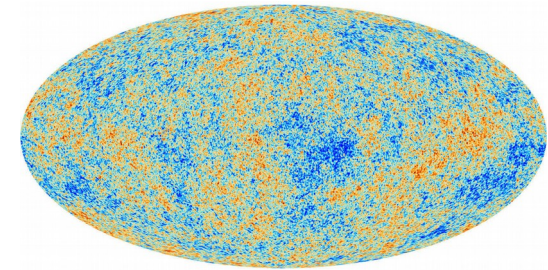


Cosmic Microwave Background: $\sim 10^{+24}$ m



The Cosmological Fine Print

On **largest** scales, the universe is well-described by a handful of parameters



Planck '18

Universe Facts

Standard Model

Photons	0.005%
Neutrinos	0.004%
Baryons	5%

Non-Standard Model

Dark Energy	68.5%
Dark Matter	26.5%

*Abundances are based on the Standard Cosmological model. They may be different in other models.



Only measured indirectly



Why not 0?



Inconsistent with quantum estimates



No candidate in Standard Model

The Expanding Universe

Far-away objects (like galaxies) are receding from us

$$v \approx H_0 d$$

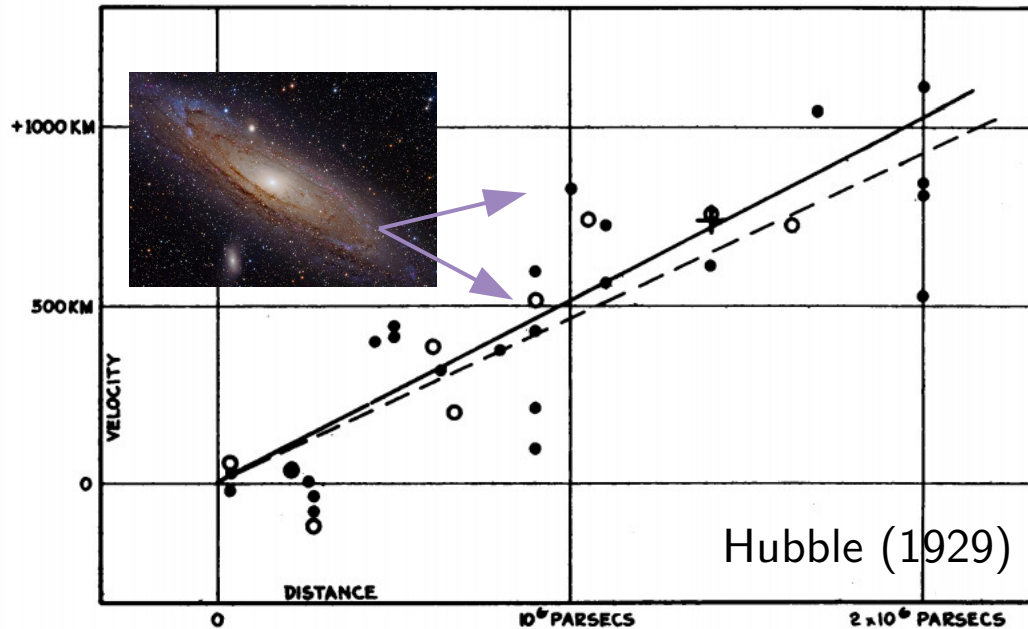


FIGURE 1

$$H_0^{(1929)} \sim 500 \text{ km/s/Mpc}$$

Earlier estimates by Lemaitre (1927) and Robertson (1928)

The Expanding Universe

Far-away objects (like galaxies) are receding from us

$$v \approx H_0 d$$

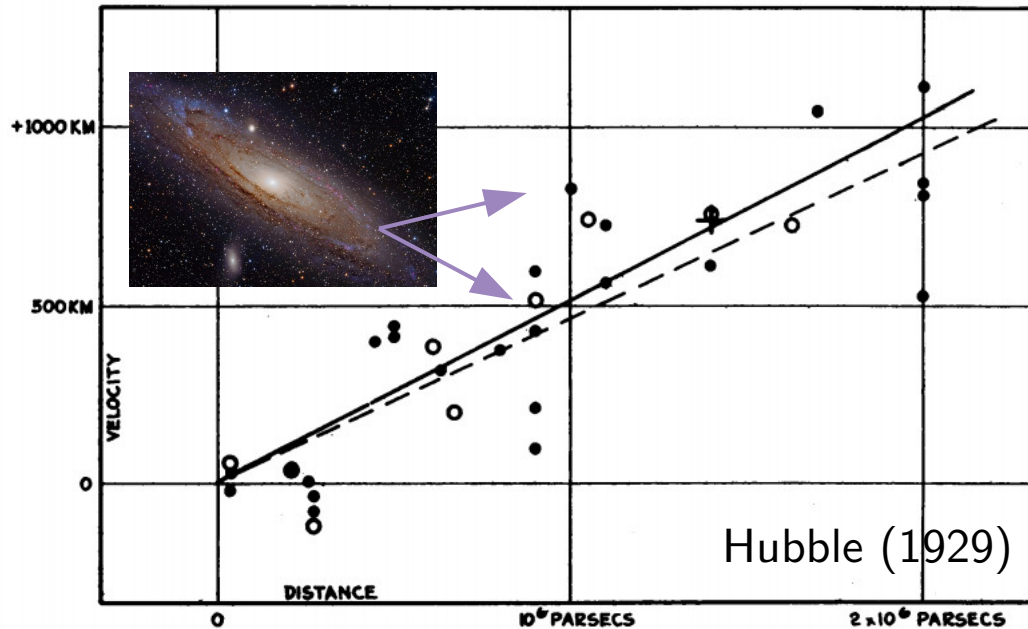


FIGURE 1

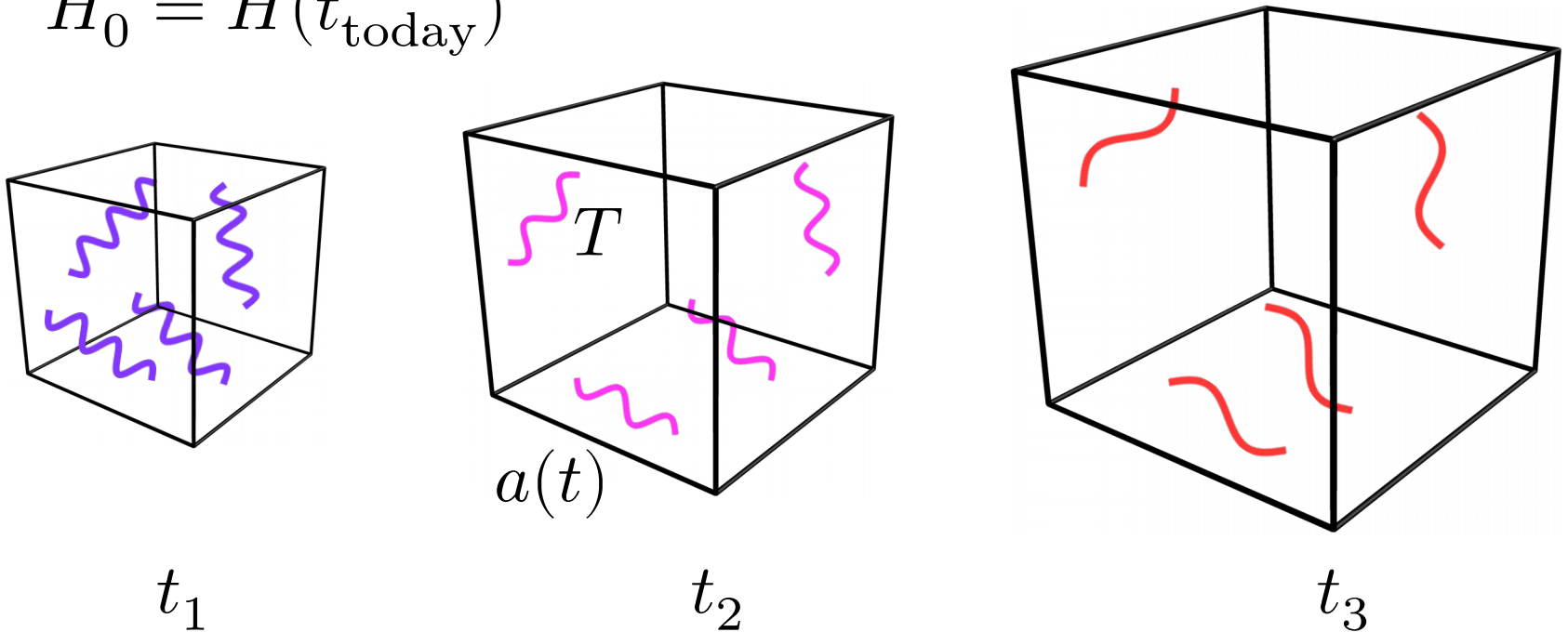
$$H_0^{(2019)} \approx 74.03 \pm 1.42 \text{ km/s/Mpc}$$

Expansion in General Relativity

General Relativity relates expansion rate to the contents of the universe

$$H(t) \propto \sqrt{\rho_{\text{rad}}(t) + \rho_{\text{bar}}(t) + \rho_{\text{dm}}(t) + \rho_{\text{de}} + \dots}$$

$$H_0 = H(t_{\text{today}})$$

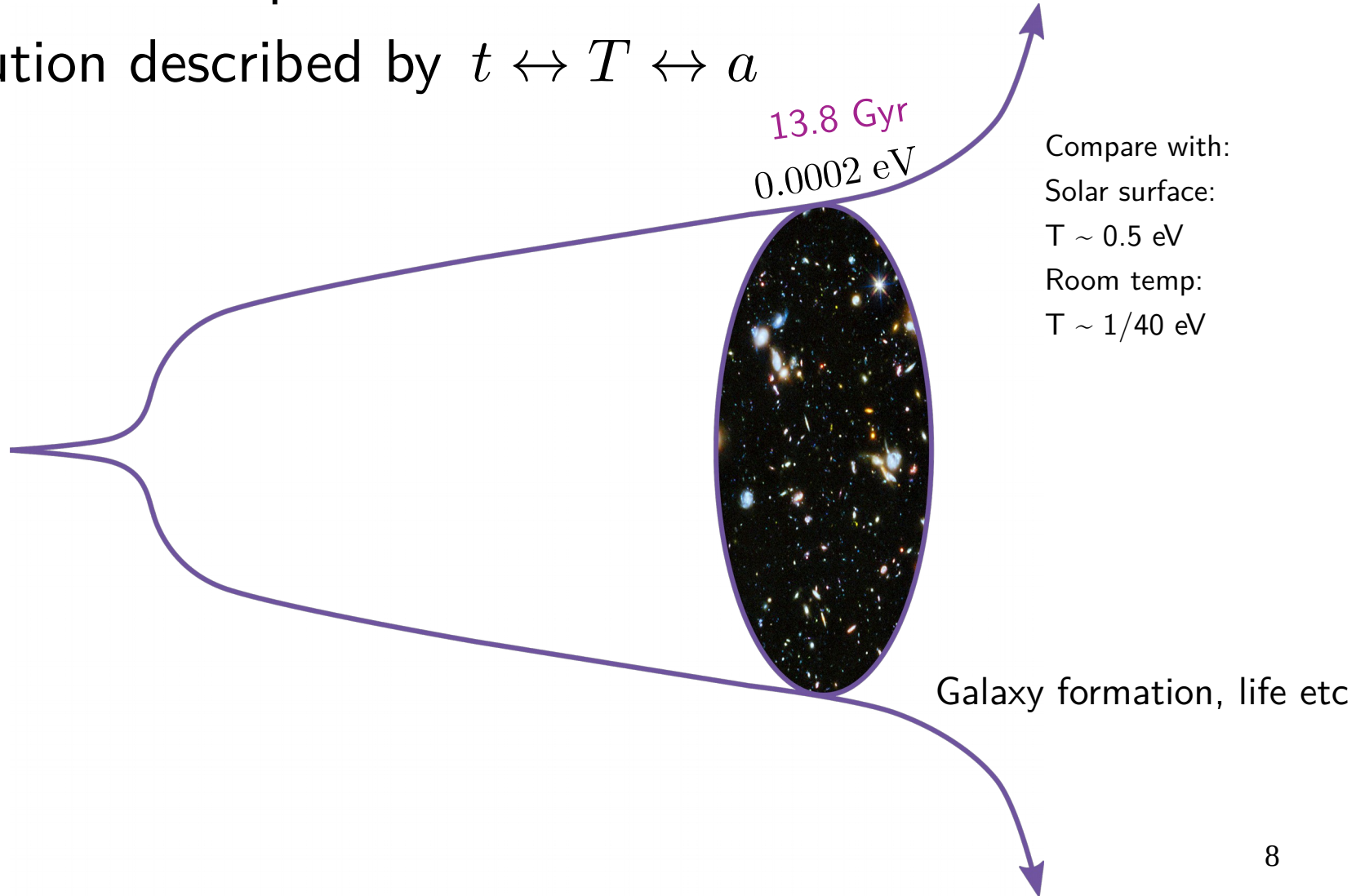


Hotter and denser in the past!

Early Universe Primer

The universe expanded from a hot dense state

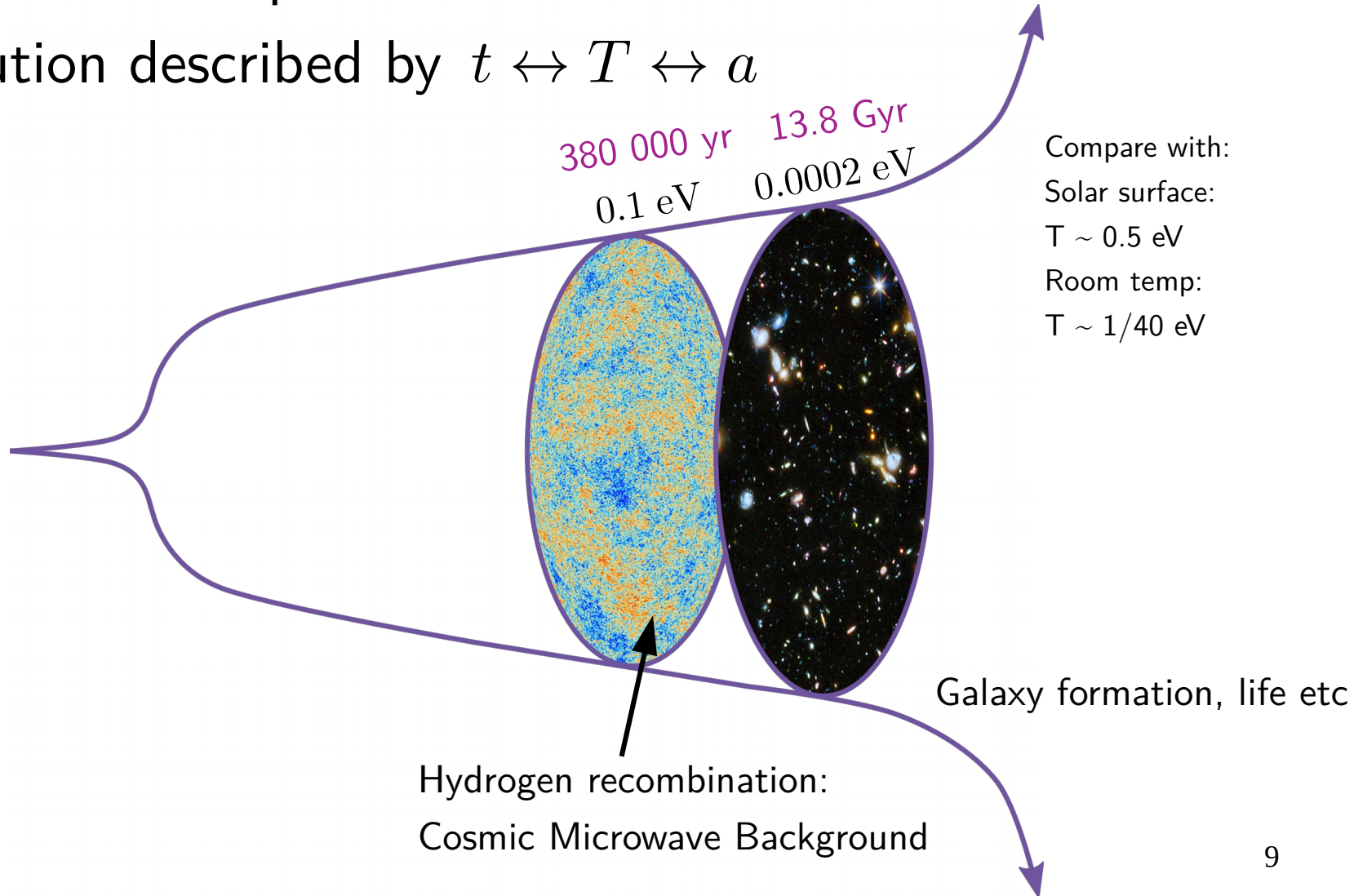
Evolution described by $t \leftrightarrow T \leftrightarrow a$



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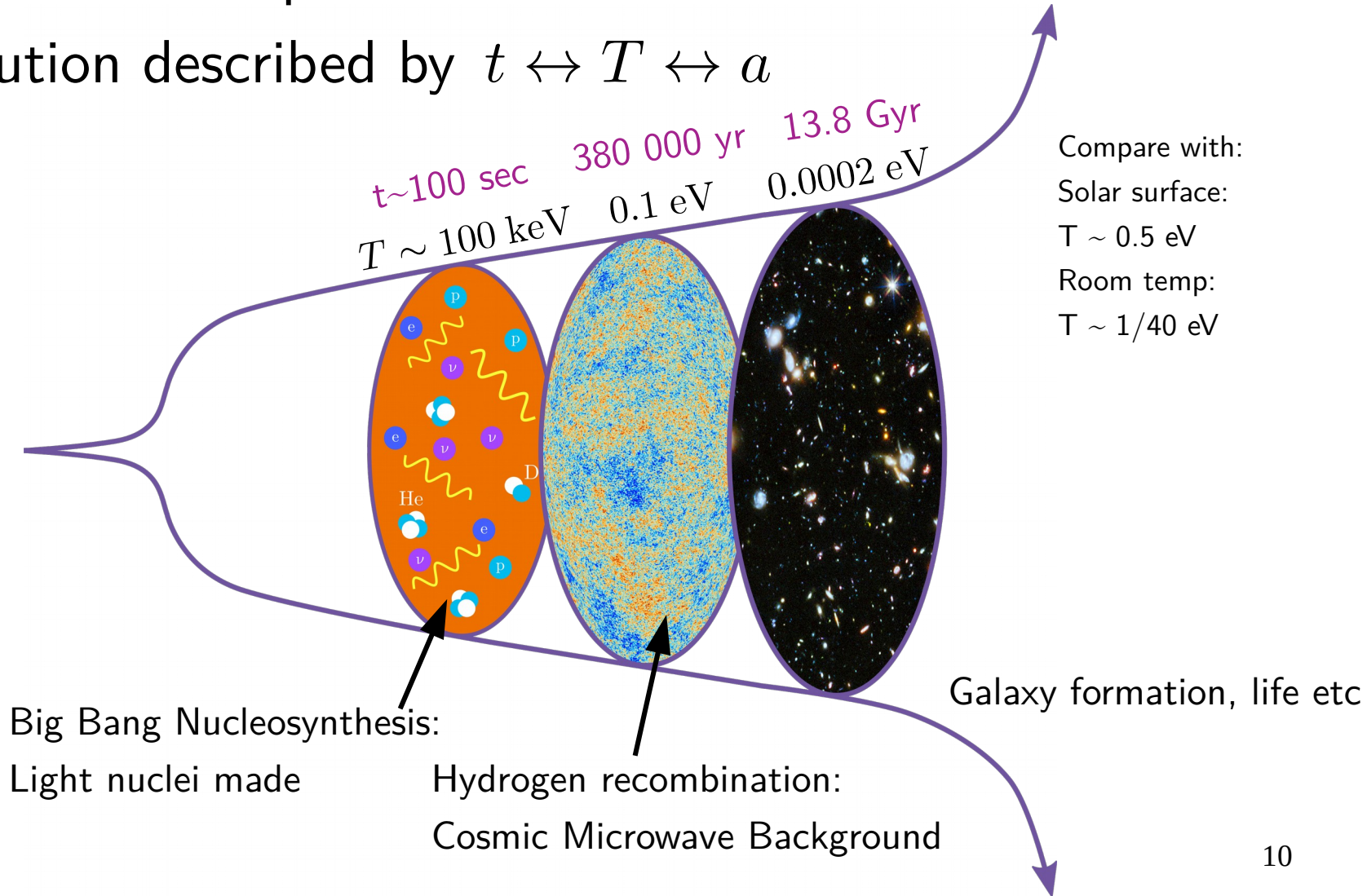
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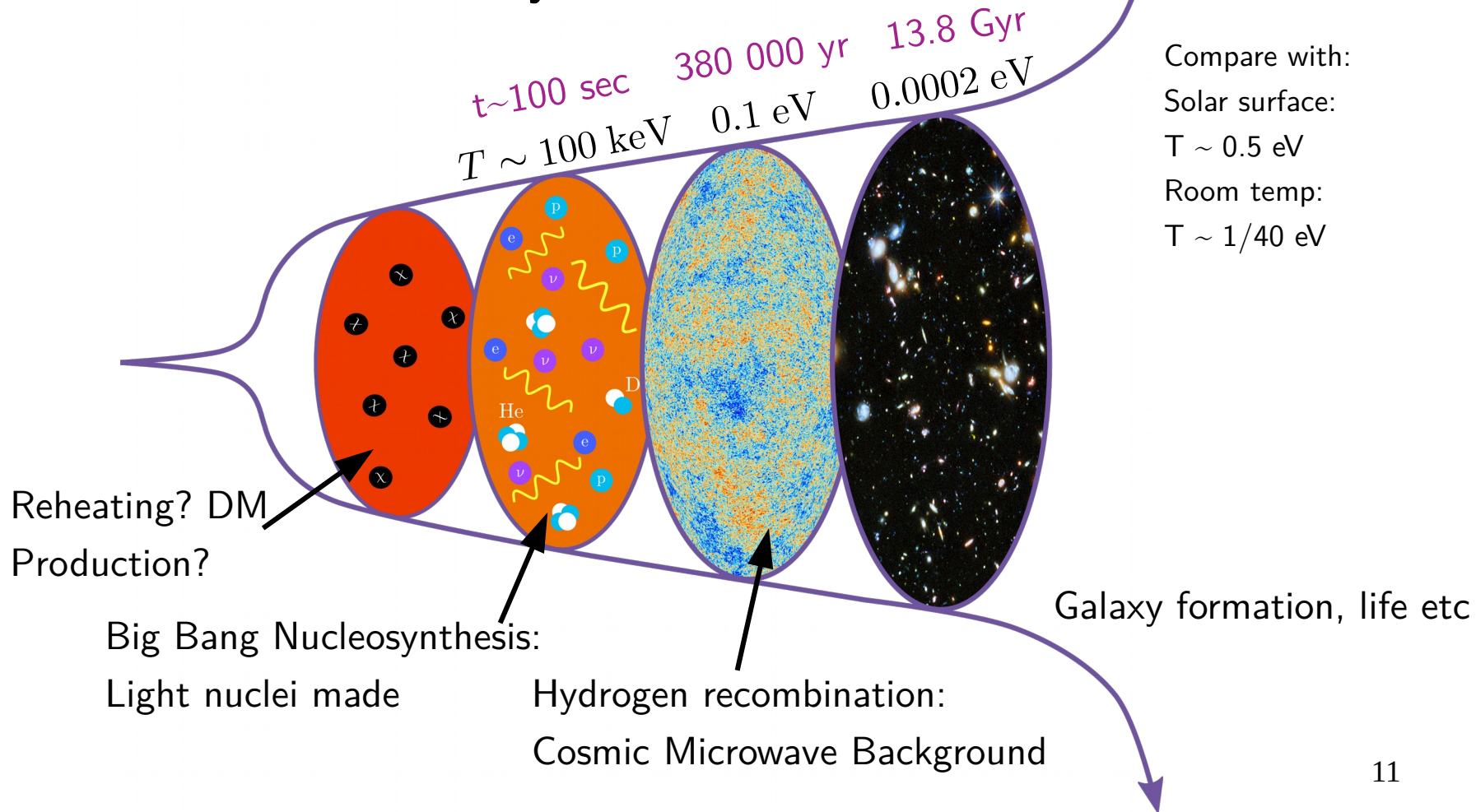
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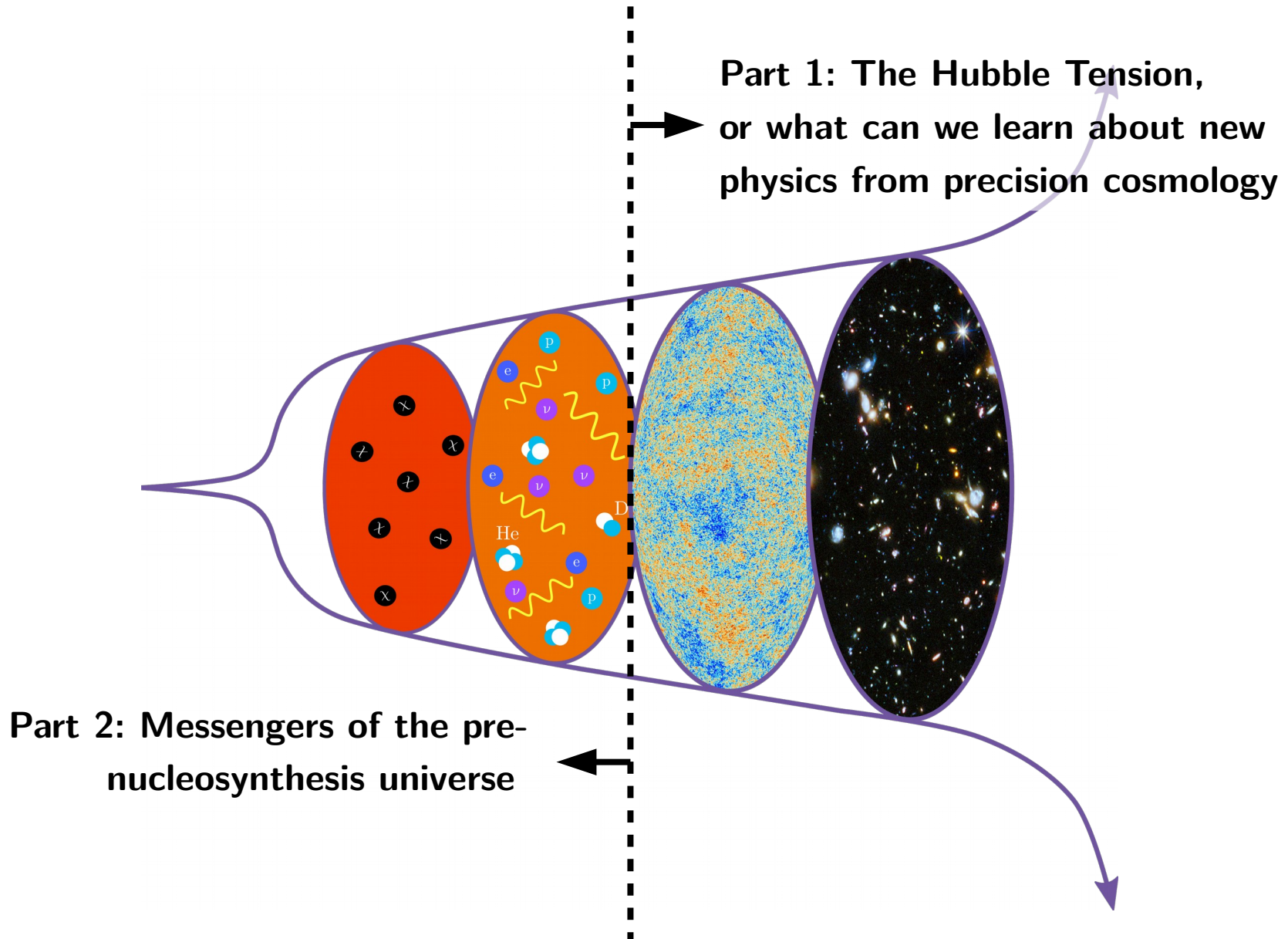
Early Universe Primer

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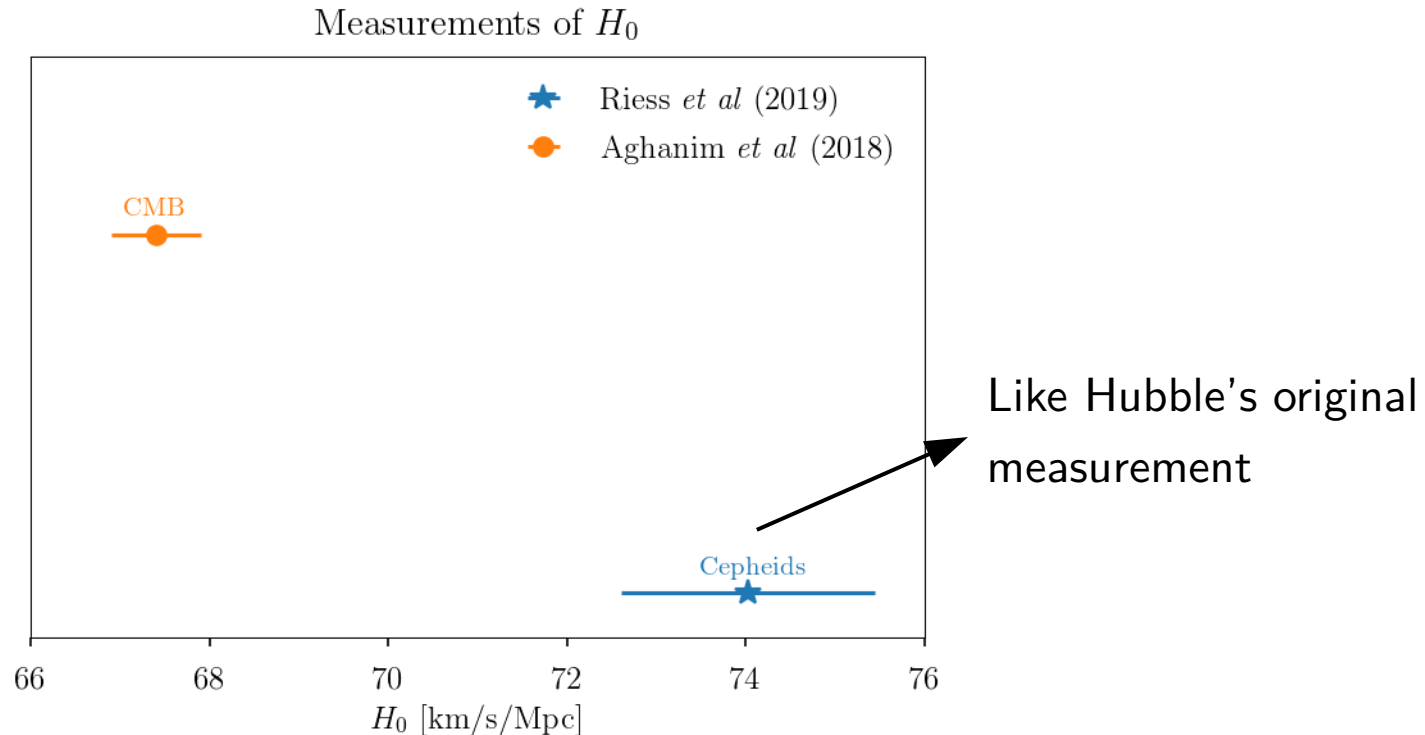


Plan For This Talk



Part 1: The Hubble Tension

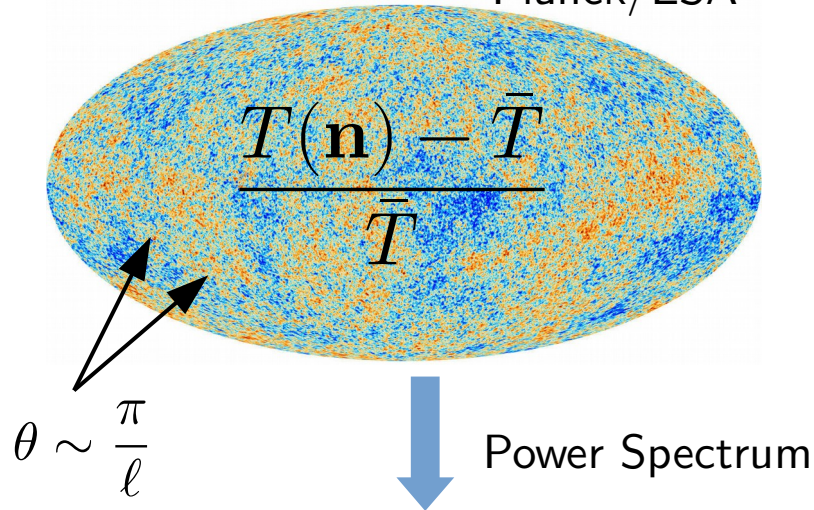
Long standing disagreement between direct (“local”) measurements of H_0 and early-time inferences



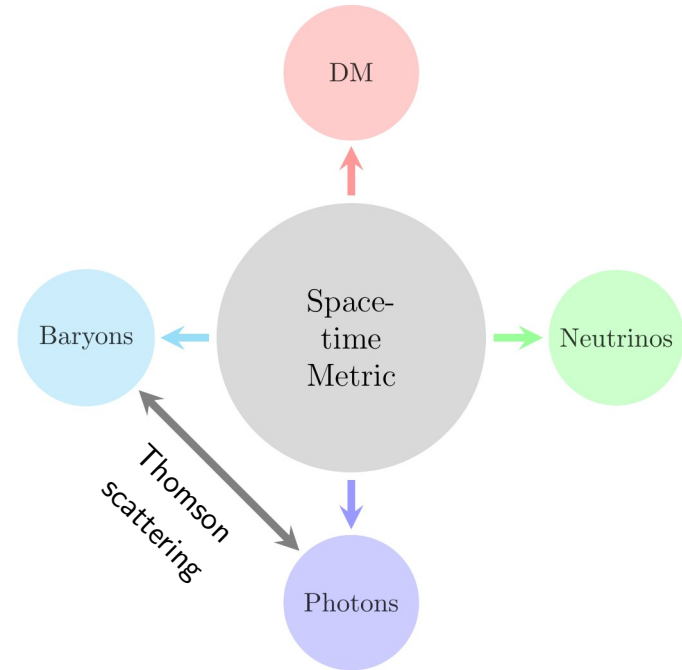
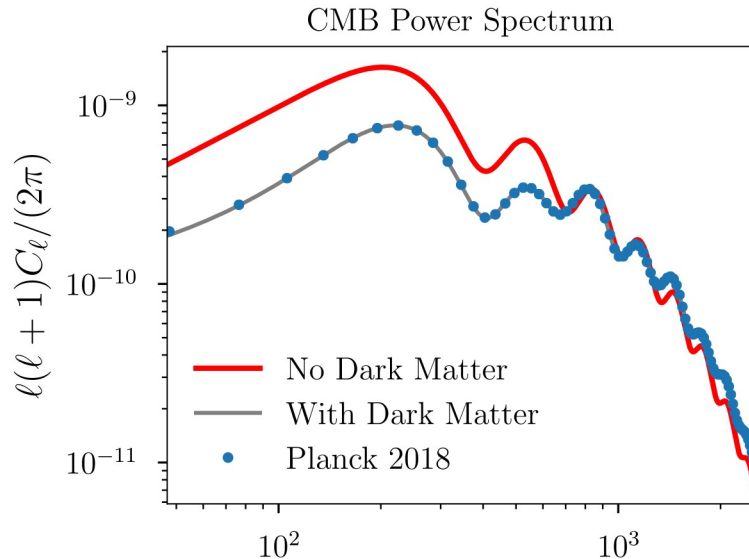
Highly significant tension between two of the most precise values!

Quantitative Cosmology from The CMB

Planck/ESA



Cosmological models track evolution of different fluids under influence of interactions, gravity



larger angular scales \longleftarrow Multipole ℓ \longrightarrow Smaller angular scales

$\sim \frac{\pi}{\theta}$

Peaks in the Power Spectrum

Peak **position** depends on contents of the universe and evolution of density perturbations

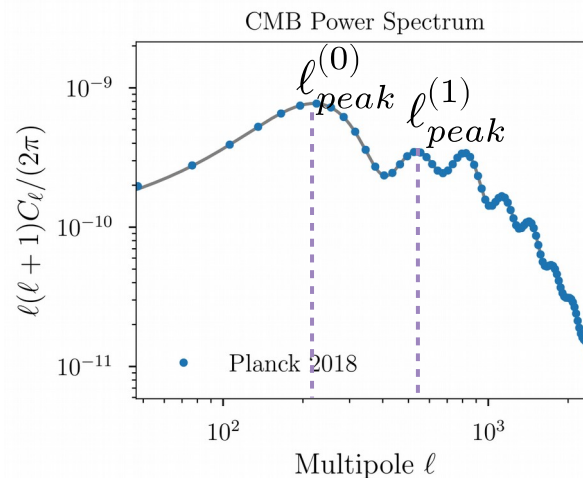
$$\ell_{peak} \approx n(\pi - \delta\varphi) / \theta_s$$

← b/g evolution
Particle densities

↑
 Measured precisely

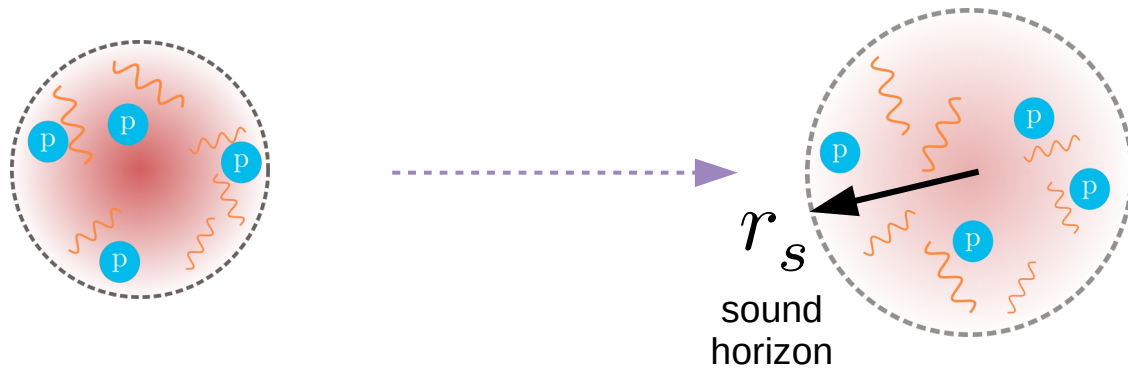
↑
 Evolution of perturbations
Particle Interactions

See, e.g., Pan, Knox, Mulroe & Narimani (2016)



The Sound Horizon

H_0 is *inferred* from the angular scale of CMB fluctuations $\theta_s \sim r_s / D_A$ where



$$r_s = \int_0^{t_{rec}} \frac{dt}{a(t)} c_s(a) = \int_0^{a_{rec}} da \frac{c_s(a)}{a^2 H(a)}$$

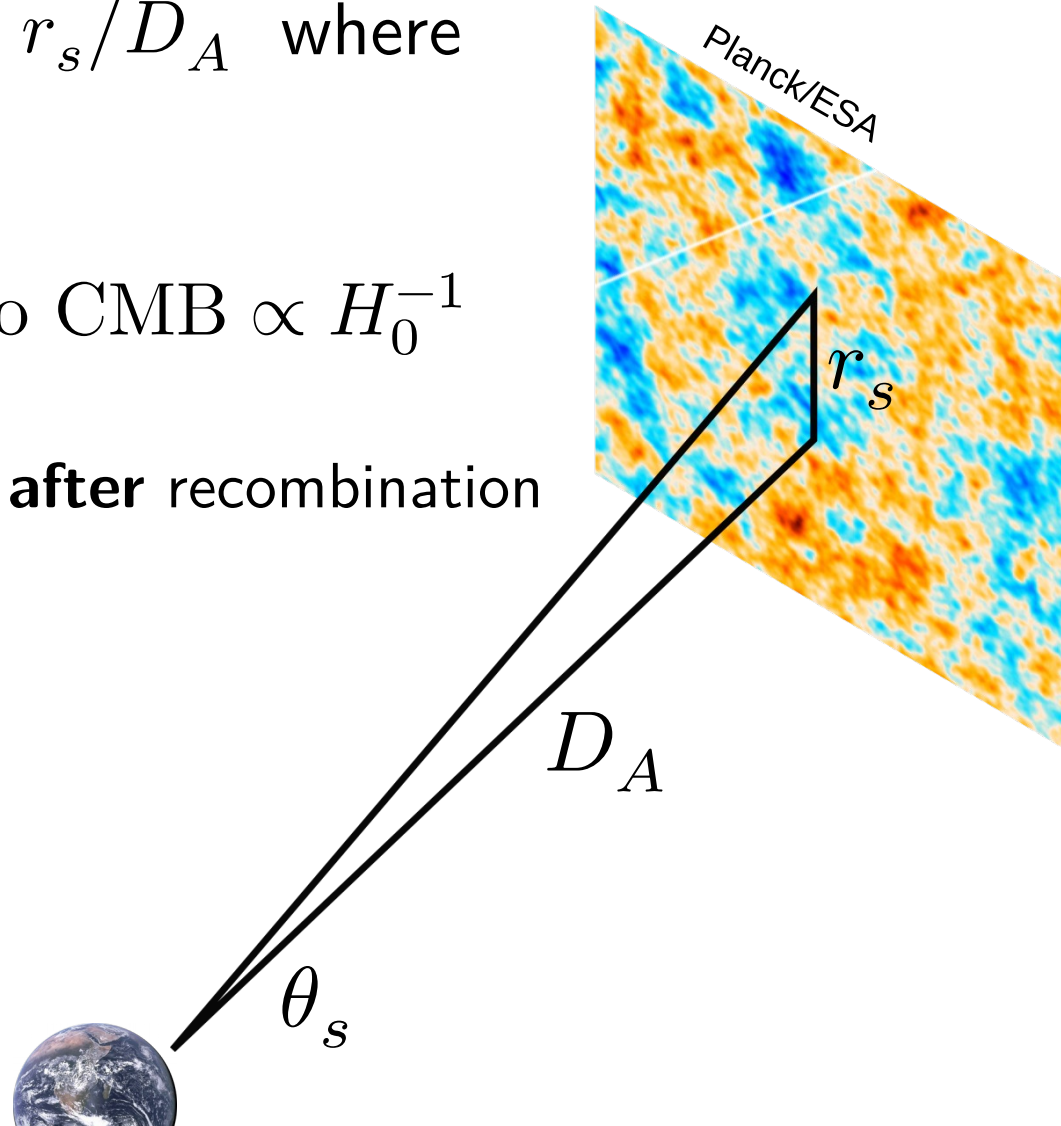
Depends on evolution **before** recombination

Distance to the CMB

H_0 is *inferred* from the angular scale of CMB fluctuations $\theta_s \sim r_s / D_A$ where

$$D_A = \text{distance to CMB} \propto H_0^{-1}$$

Depends on expansion **after** recombination



Hubble from the CMB

H_0 is *inferred* from the angular scale of CMB fluctuations $\theta_s \sim r_s/D_A$ where

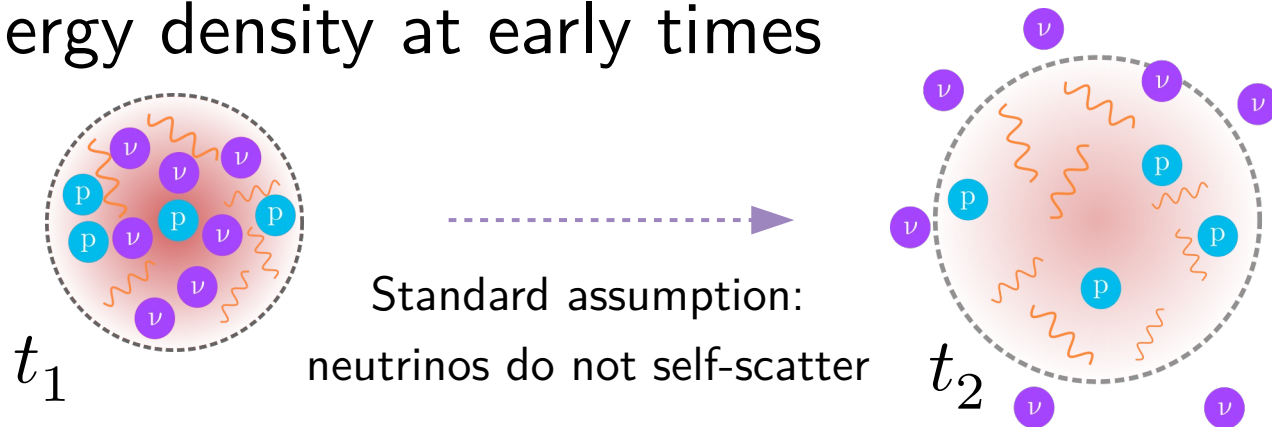
$$H_0 \propto \theta_s/r_s$$

Inference of H_0 is modified if r_s is changed!

Origin of Phase Shift: Free-streaming Nus

$$l_{peak} \approx n(\pi - \delta\varphi)/\theta_s$$

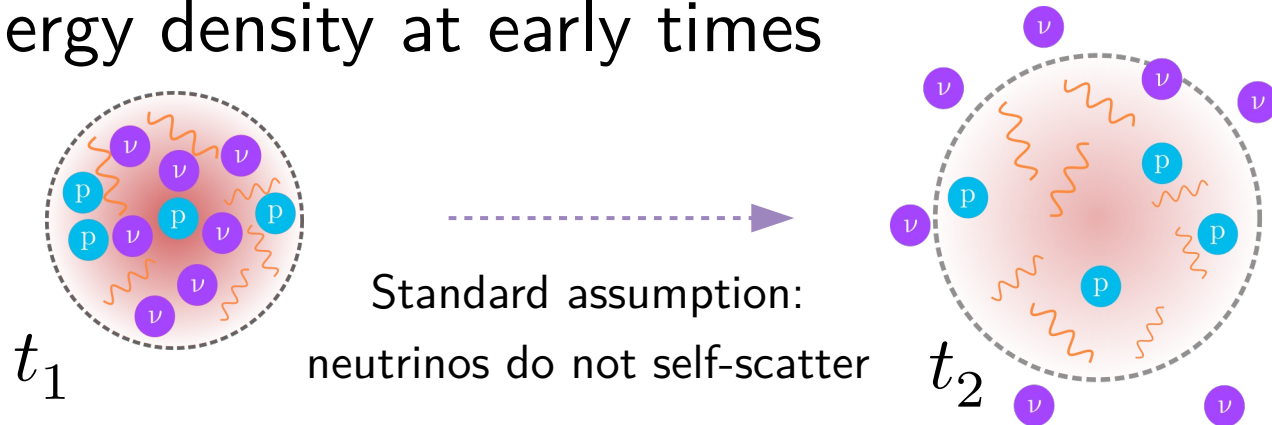
- Neutrinos free-stream and make up about 41% of the energy density at early times



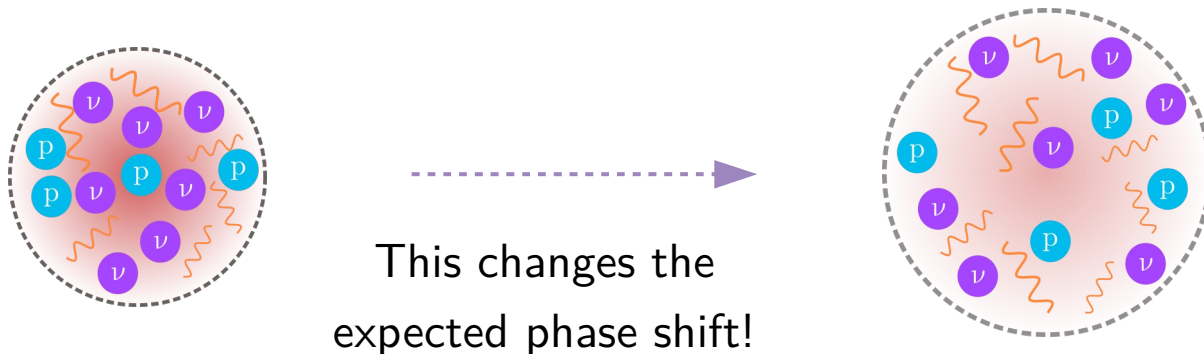
Origin of Phase Shift: Free-streaming Nus

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- Neutrinos free-stream and make up about 41% of the energy density at early times



- No free-streaming if neutrinos self-interact



Solving the Hubble Tension

- Modifying amount of neutrinos changes the sound horizon
- Neutrino self-interactions can prevent free-streaming

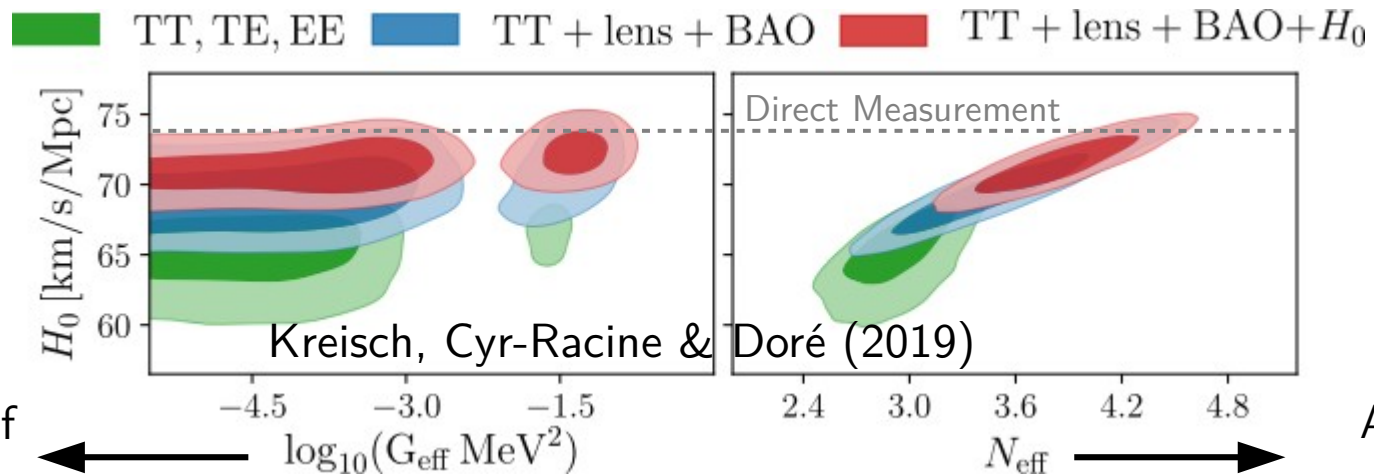
$$\ell_{peak} \approx n(\pi - \delta\varphi) \frac{D_A}{r_s}$$

Changing neutrino properties modifies inference of H_0 !

Self-Interacting Neutrinos

Consistent fit to early cosmology and Riess *et al* (2019) H_0 obtained in models with strong neutrino self-interactions

$$\mathcal{L} \supset G_{\text{eff}} \nu\nu\nu\nu$$



Interaction of neutrinos:
Phase shift

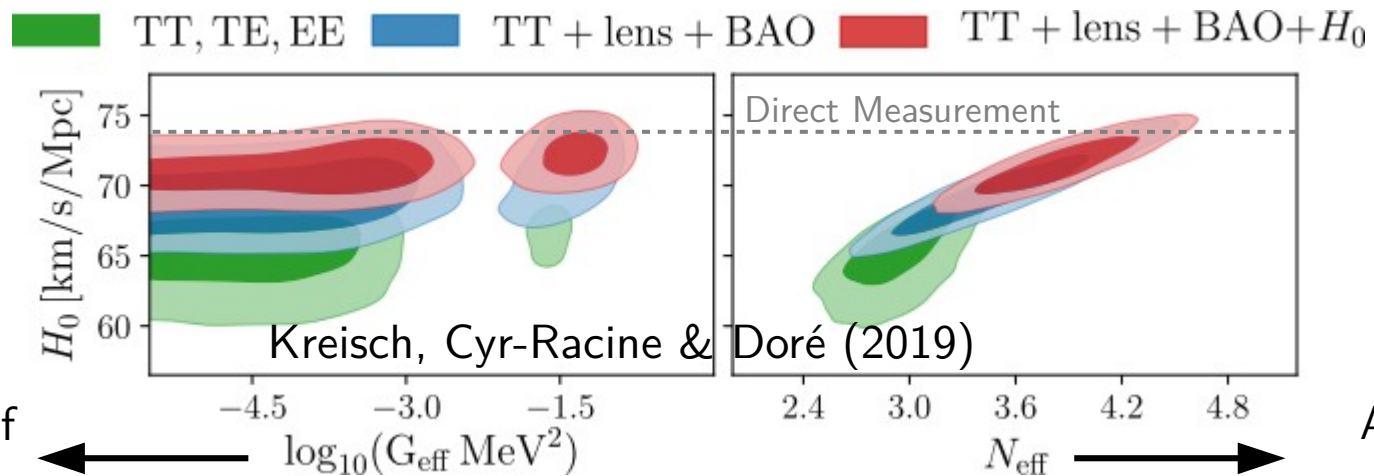
$$G_{\text{eff}} = (4.7^{+0.4}_{-0.6} \text{ MeV})^{-2}$$

Amount of neutrinos:
Modifies r_s

Self-Interacting Neutrinos

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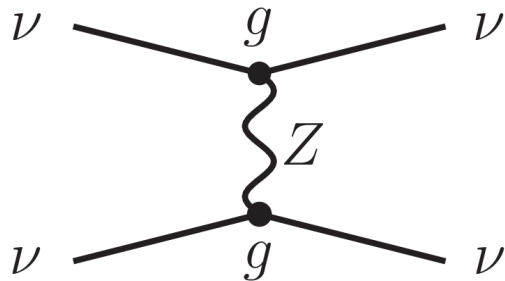
Amount of neutrinos:
Modifies r_s

Can one have such a neutrino self-interaction in realistic models?

NB, Kelly, Krnjaic, McDermott (2019)

Neutrino Self-Interactions in the SM

Neutrinos self-interact in the SM, not often enough!



$$\mathcal{L} \supset G_F \nu\nu\nu\nu$$

$$G_F \sim \frac{g^2}{m_Z^2} = (3 \times 10^5 \text{ MeV})^{-2}$$

Probability for a typical neutrino to scatter via G_F is less than 10^{-15} during the CMB era

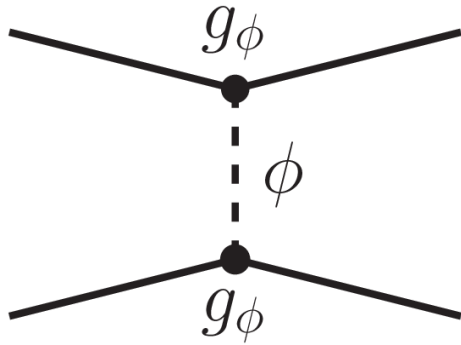
Solution to H_0 demands

$$G_{\text{eff}} \sim 10^9 G_F$$

How do you get such a large self-interaction?

Towards the “Ultra-Violet”

New light particle can mediate strong-self interactions among neutrinos

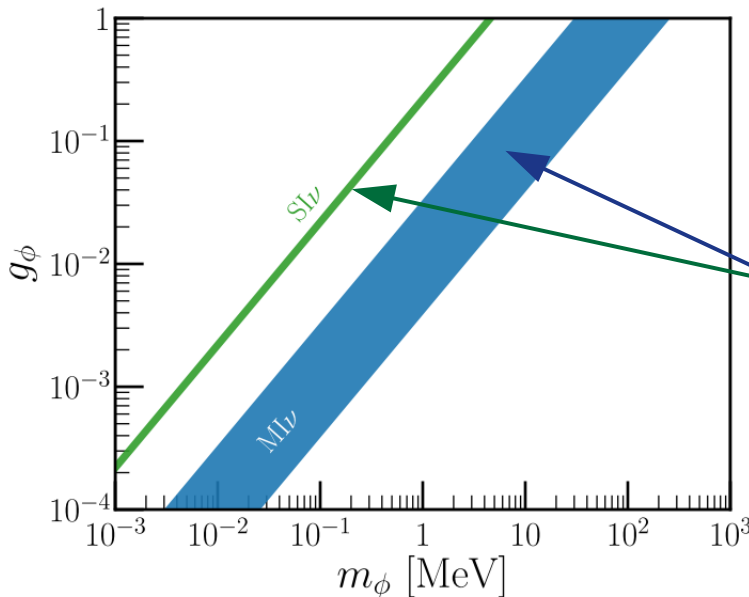


$$G_{\text{eff}} \sim 10^9 G_F$$

$$G_{\text{eff}} \approx \frac{g_\phi^2}{m_\phi^2} = (10 \text{ MeV})^{-2} \left(\frac{g_\phi}{10^{-1}} \right)^2 \left(\frac{\text{MeV}}{m_\phi} \right)^2$$

10^5 times lighter than Z

Mediator
Coupling
constant

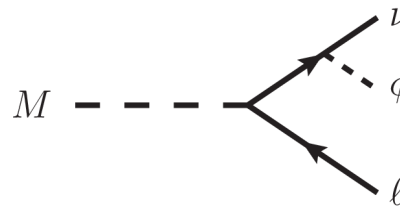
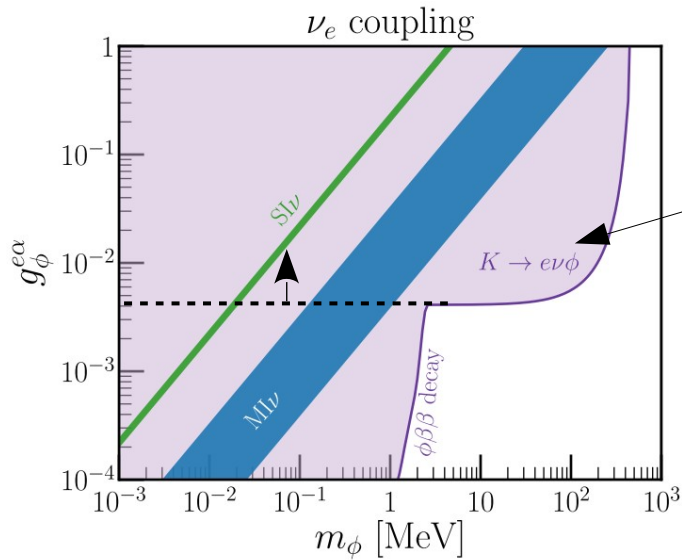


Solve/alleviate H_0
tension in these regions

NB, Kelly, Krnjaic, McDermott (2019)

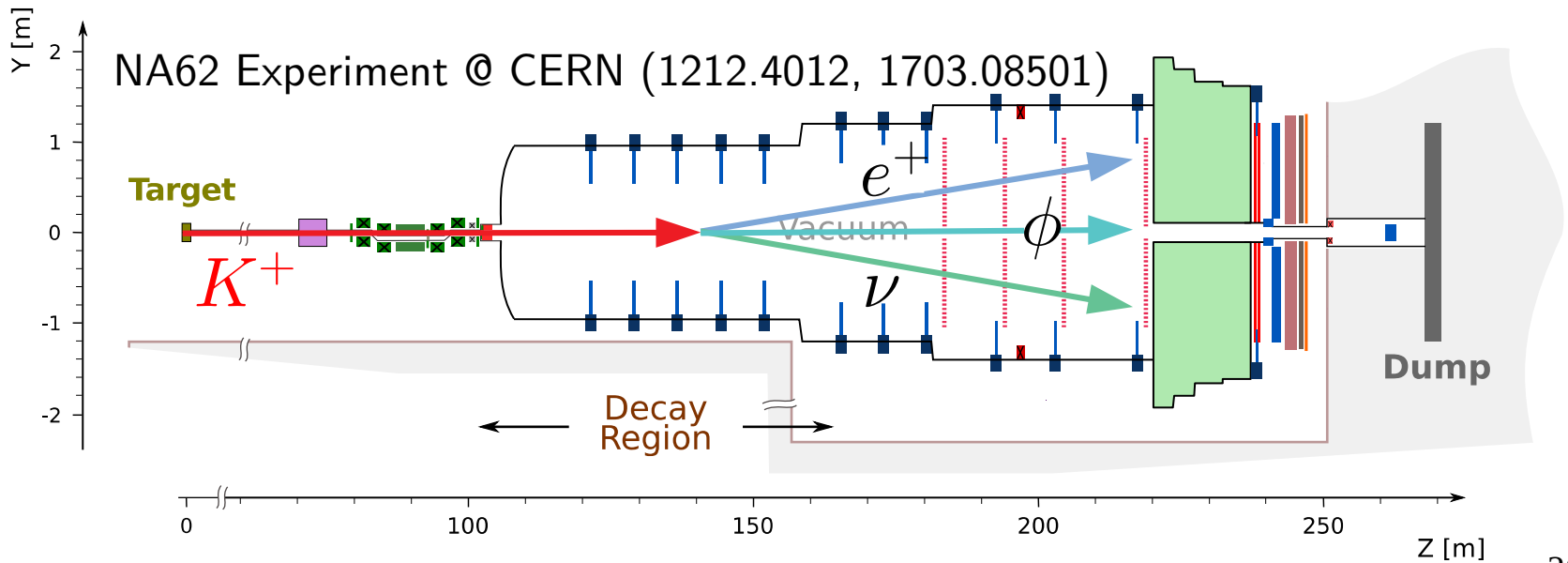
Mediator mass

Rare Meson Decays



SM Prediction

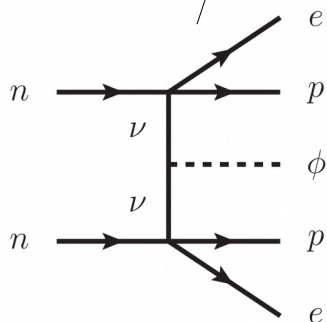
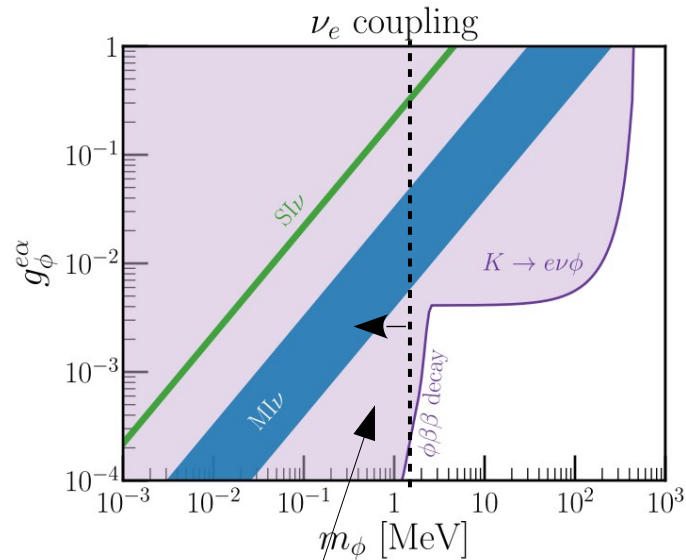
$$\frac{\text{Br}(K^+ \rightarrow e^+\nu)}{\text{Br}(K^+ \rightarrow \mu^+\nu)} \approx \left(\frac{m_e}{m_\mu}\right)^2$$



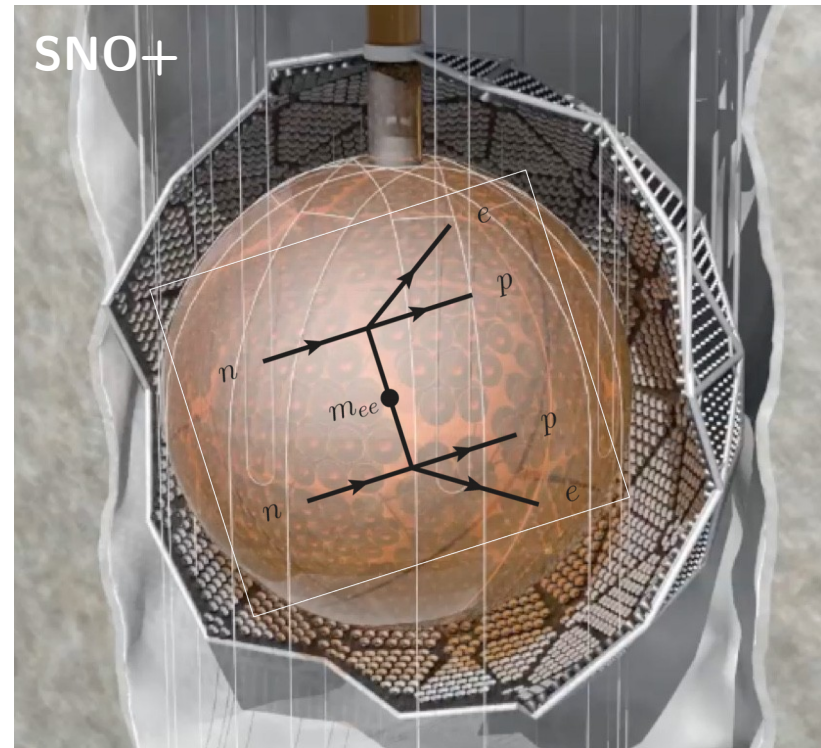
Can also use precision pion measurements from PIENU @ TRIUMF

Searches for 0ν Double Beta Decays

Neutrinoless double beta decay searches can be used to search for ν self-interactions



$$(A, Z) \rightarrow (A, Z + 2) + 2e^{-}$$

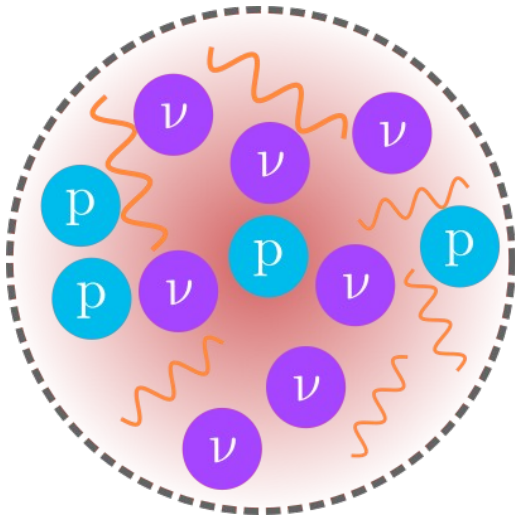


NB, Kelly, Krnjaic, McDermott (2019)

Non-Free-streaming Radiation in General

Experimental constraints on new physics interacting with neutrinos rule out this possibility.

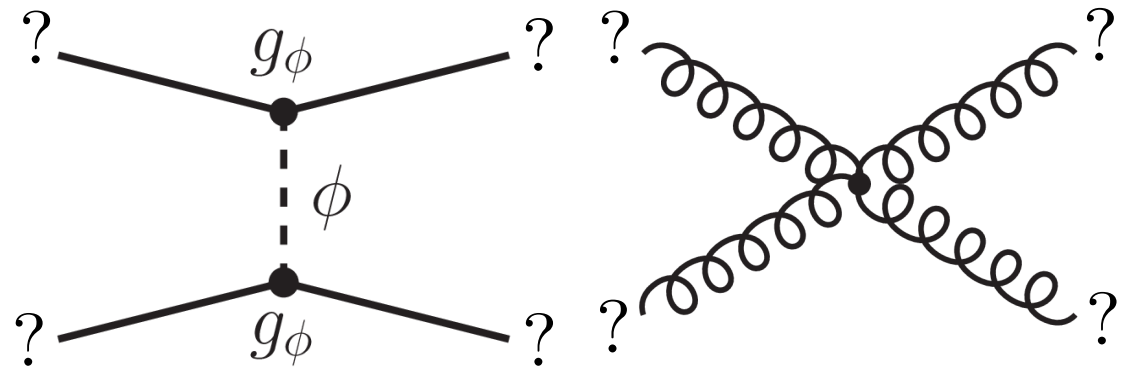
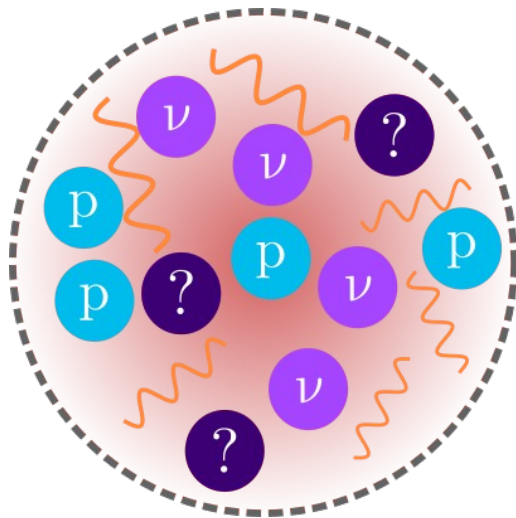
But CMB only sensitive to gravitational influence of neutrinos. Could they really be something else?



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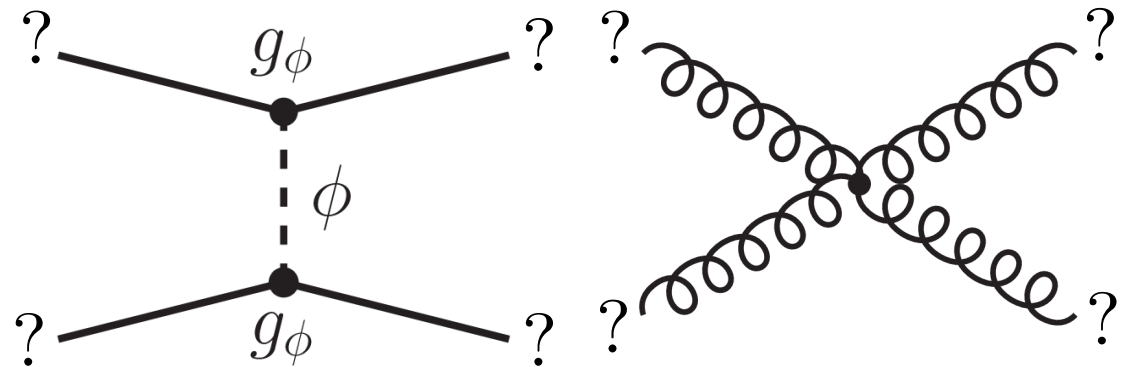
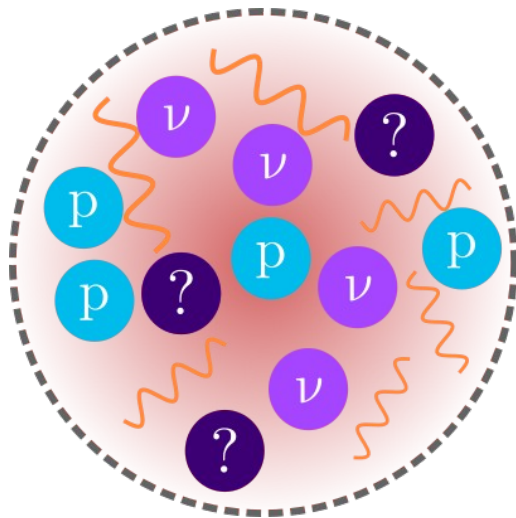
neutrino-like

gluon-like

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neutrino-like

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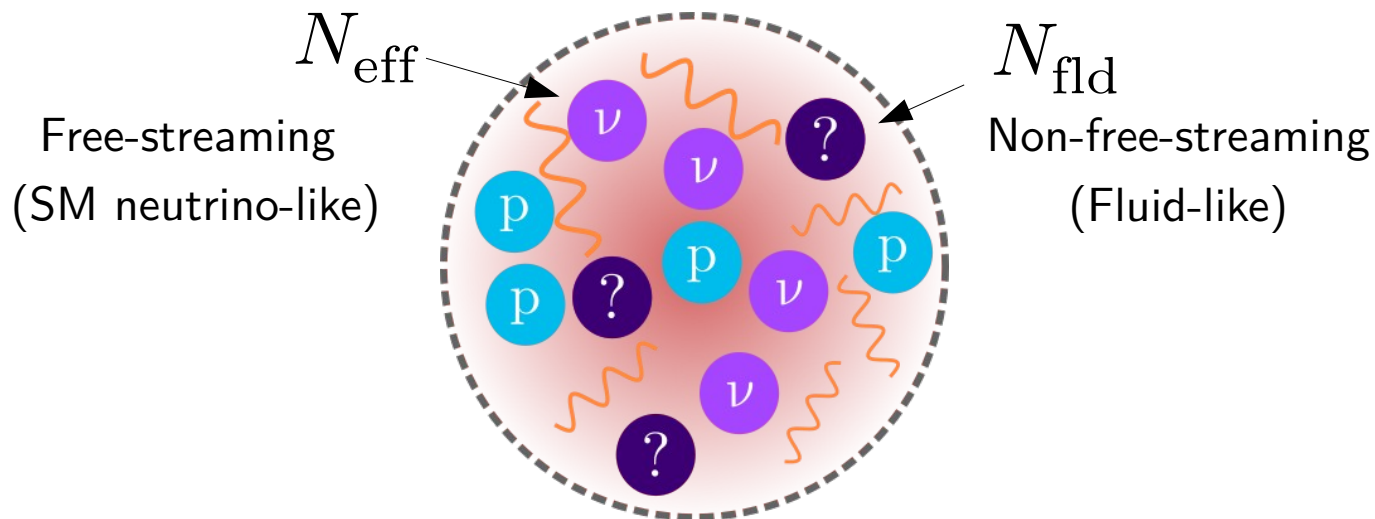
The CMB can test this idea in a *model-independent* way

Non-Freestreaming/Interacting Radiation

- Consider extended cosmology with free-streaming and non-free-streaming (fluid-like) radiation

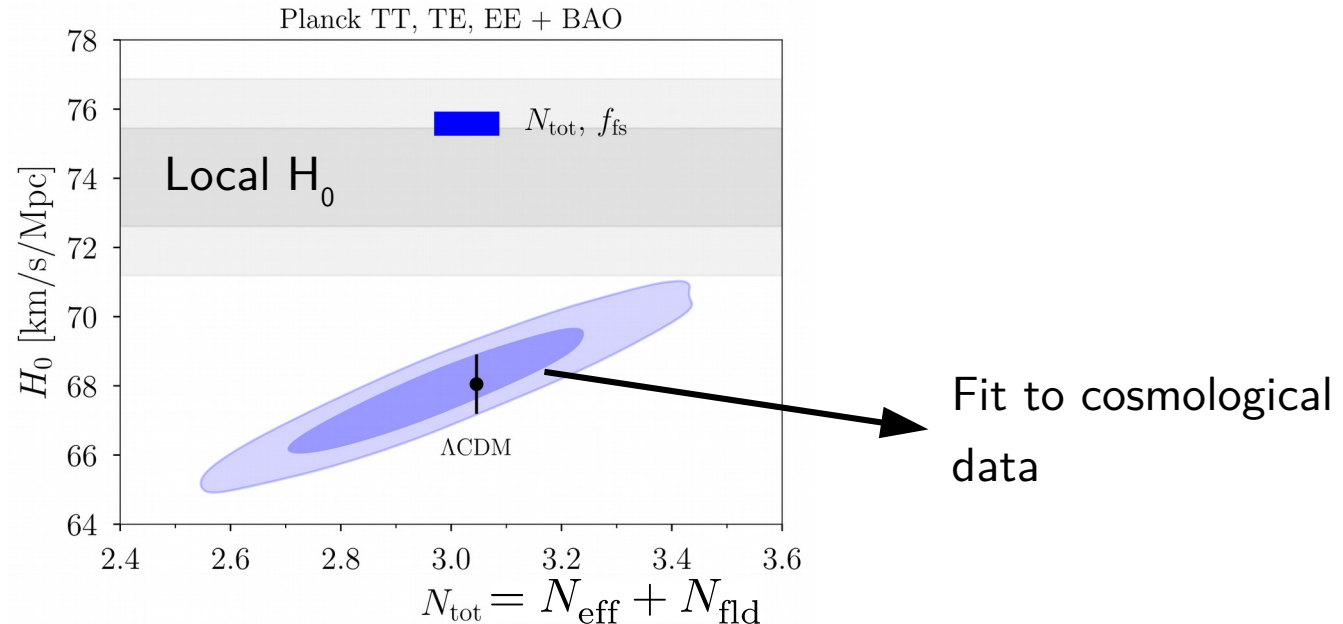
$$\rho_{\text{rad}} = \rho_{\gamma} [1 + 0.23(N_{\text{eff}} + N_{\text{fld}})]$$

\uparrow \uparrow
=3 in SM =0 in SM



Constraints on Dark Radiation

Allow radiation density and free-streaming fraction to vary



NB, Marques-Tavares (2020)

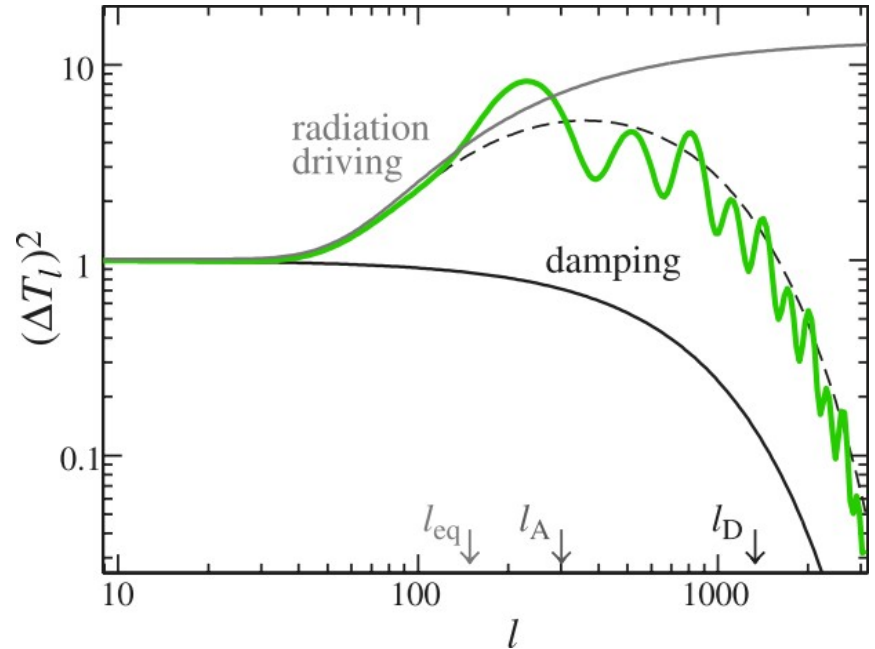
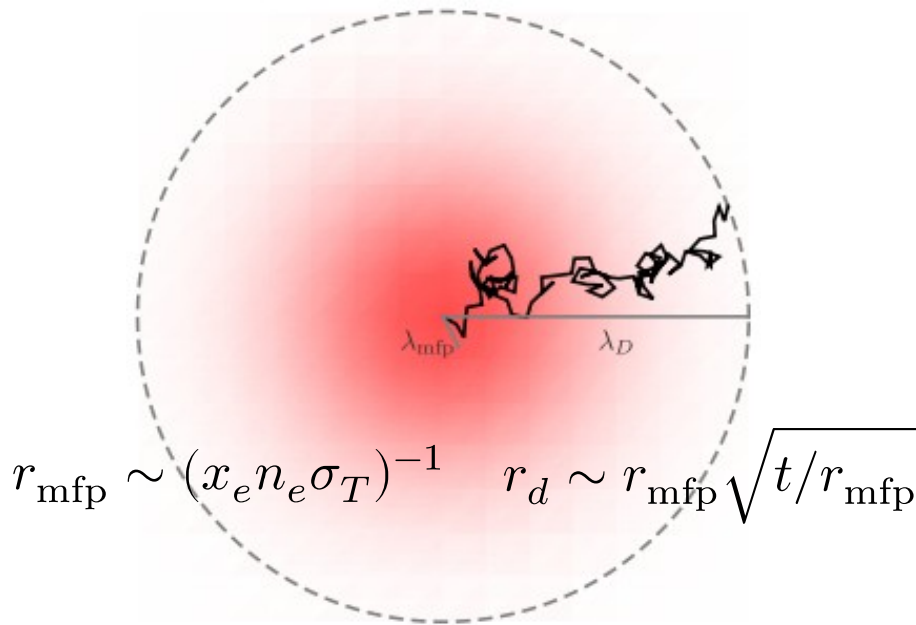
No preference for beyond-SM from early cosmology alone!

Still no consistent fit to both direct H_0 and CMB

see also Brinckmann *et al* (2012.11830)

Photon Diffusion Damping

Hu, Fukugita, Zaldarriaga & Tegmark (2000)



Diffusion scale also depends on early expansion history!

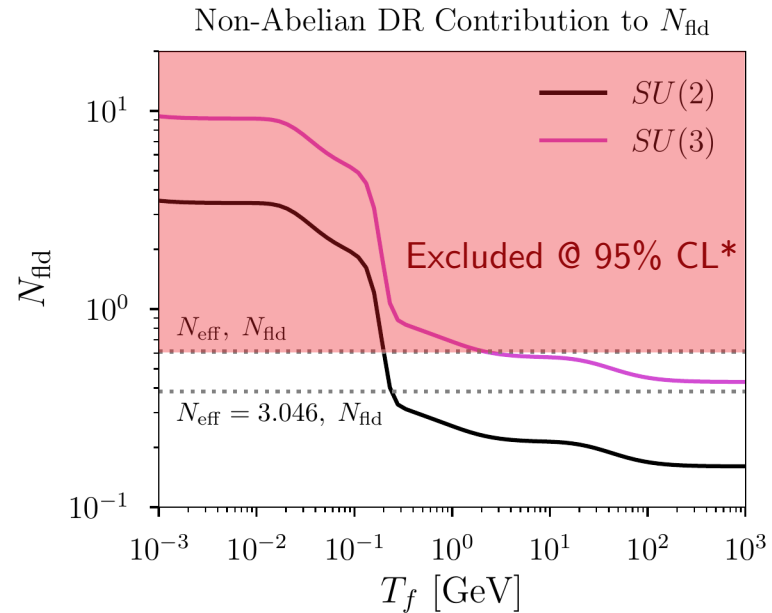
Precise measurements at large l preclude large modifications to r_d relative to r_s

Constraints on Gluon-like Radiation

- Assuming the non-Abelian sector was in thermal equilibrium until temperature T_f , can predict abundance at CMB

$$N_{\text{fld}} = c \left[\frac{g_{*S}(T_\gamma)}{g_{*S}(T_f)} \right]^{4/3} (N^2 - 1)$$

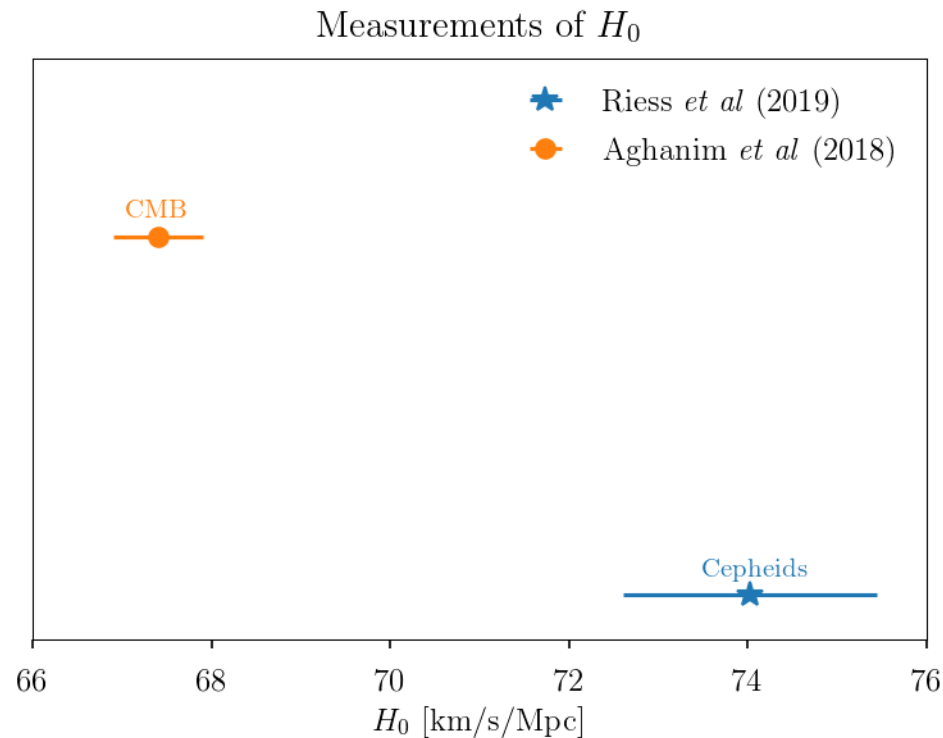
↓
Number of
“colours”



*Assuming no non-SM entropy injections

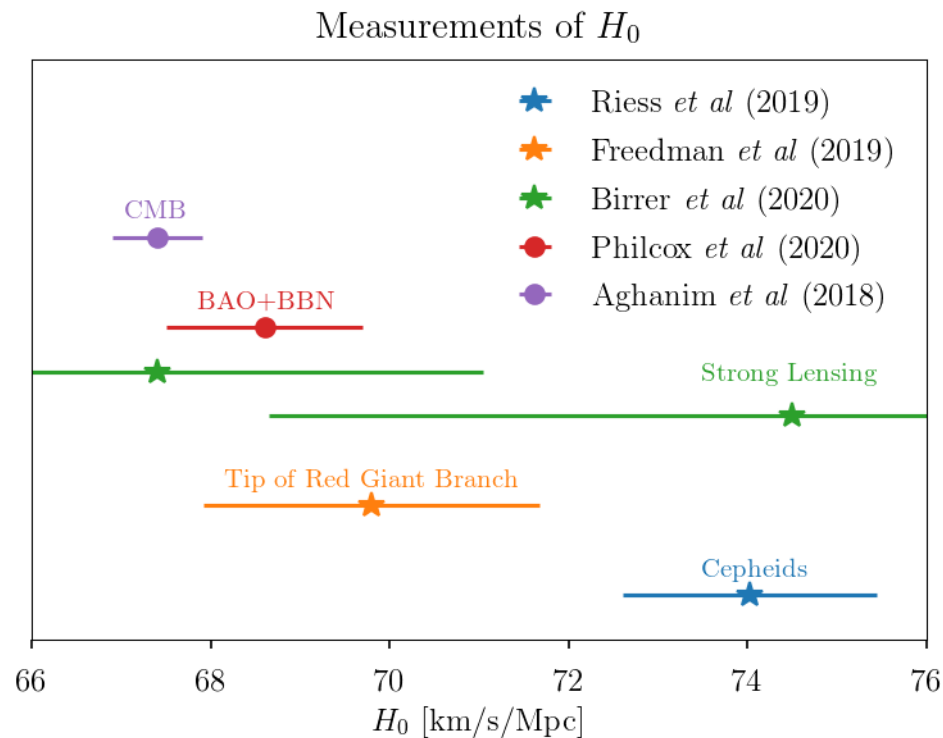
Status of the Hubble Tension

Simple models fail to solve the Hubble tension without running into laboratory/cosmology constraints

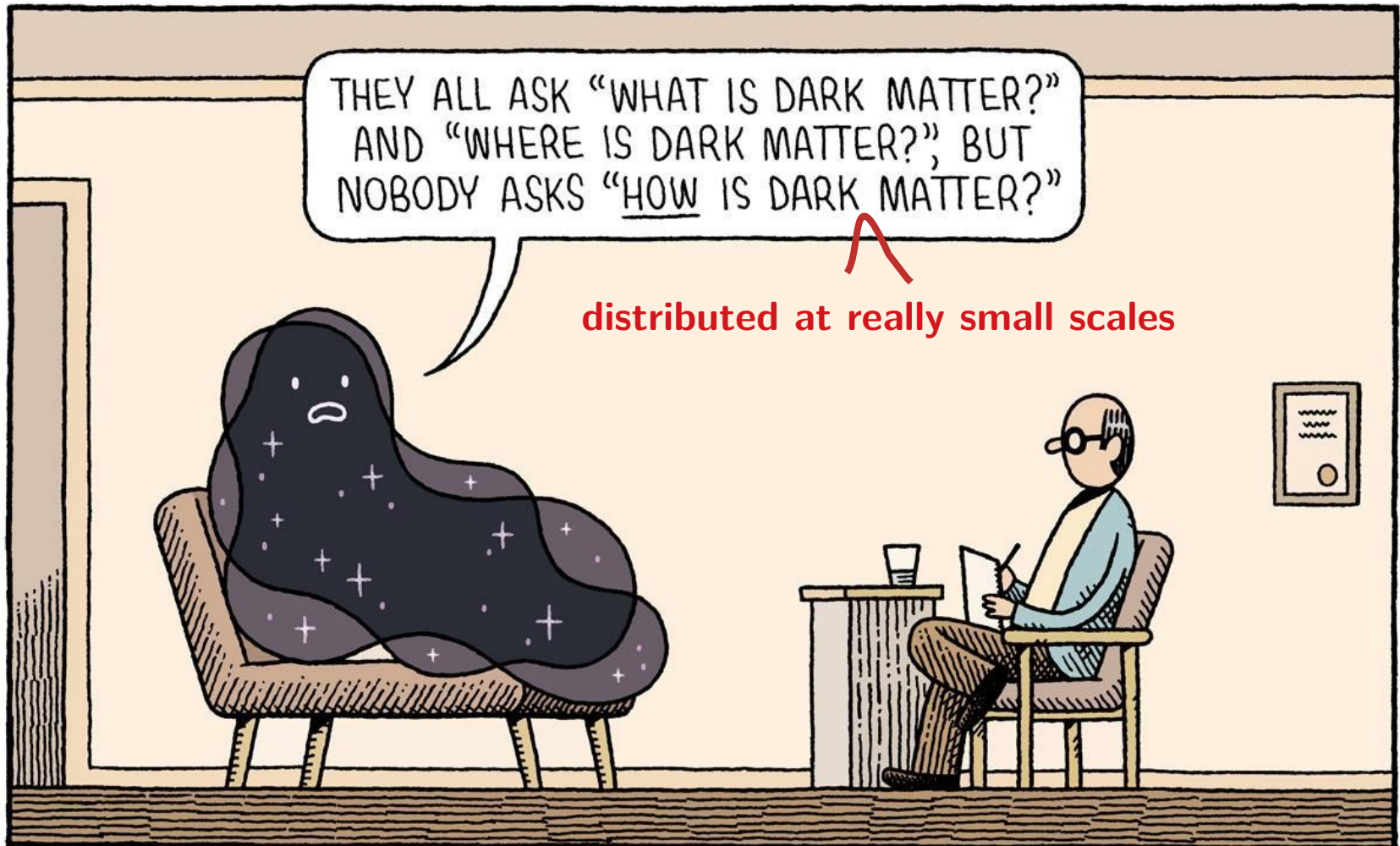


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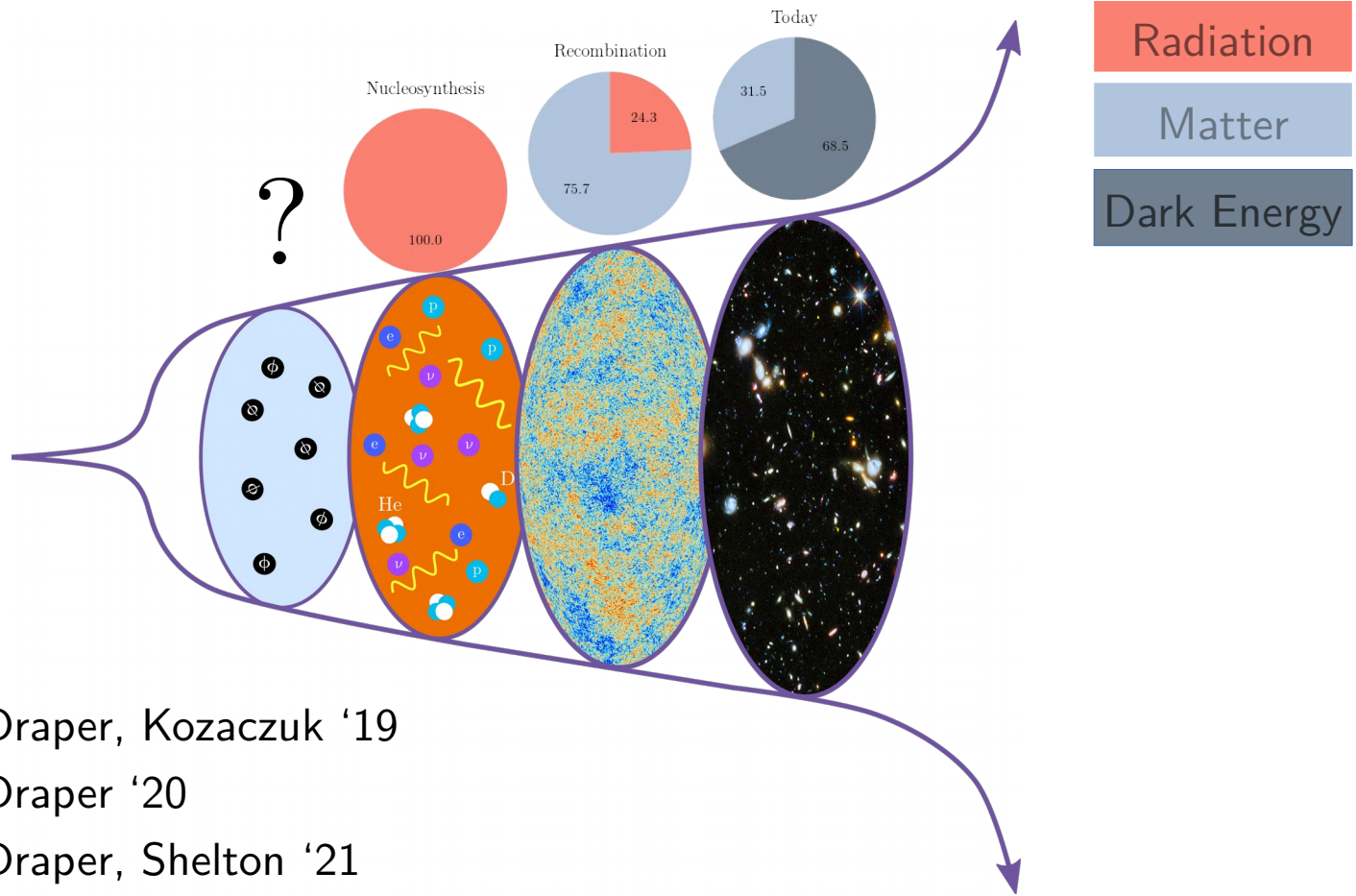
Simple models fail to solve the Hubble tension without running into laboratory/cosmology constraints



Part 2: Messengers of the Pre-Nucleosynthesis Universe



The Pre-Nucleosynthesis Universe



NB, Dolan, Draper, Kozaczuk '19

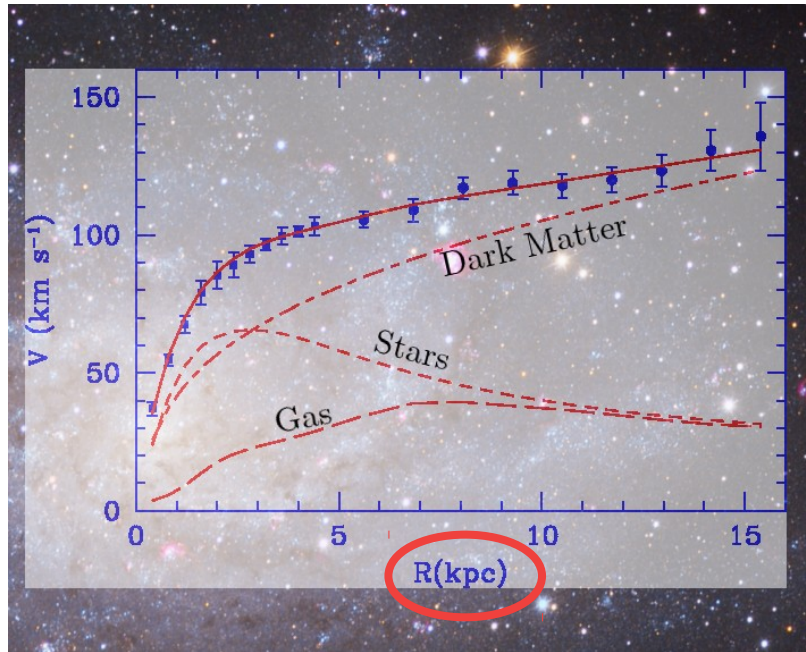
NB, Dolan, Draper '20

NB, Dolan, Draper, Shelton '21

**Is the evolution radiation-dominated (RD) all the way up?
Are there any remnants of the pre-BBN universe?**

Small Scale Distribution of Dark Matter

DM distribution *measured* down to scales of \sim kpc



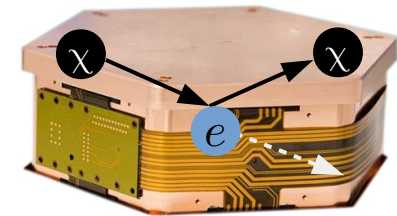
Particle nature of DM and its early universe dynamics can leave an imprint on much smaller length scales!

What's the Big Deal Anyway?

Small scale distribution of DM determines potential observables; e.g.

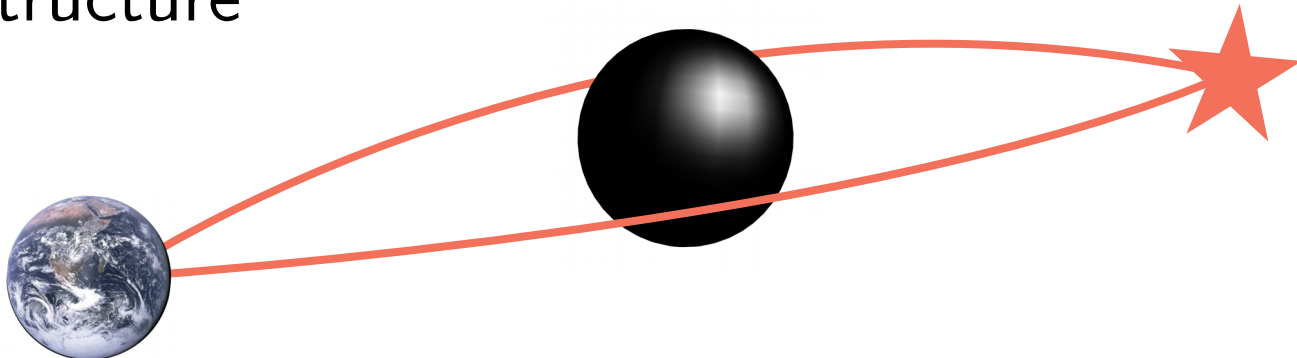
- Direct detection experiments search for energy deposition in terrestrial detectors

Sensitive to DM density on scales of \sim
10 AU



SuperCDMS SNOLAB

- Light from distant objects can be lensed by DM substructure



How Do Dark Matter Halos Form?

Primordial density fluctuations grow until they begin to self-gravitate



1) Initial conditions

2) Evolution

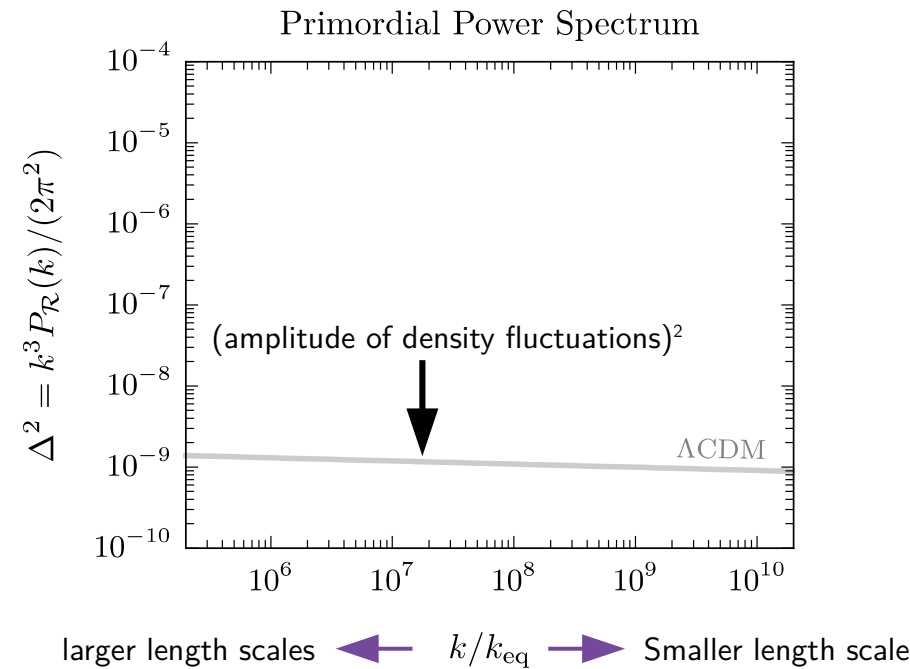
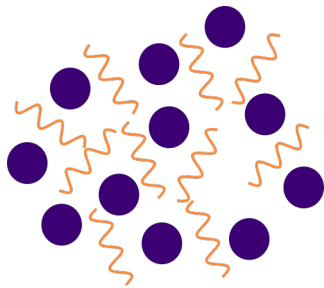
3) Gravitational collapse

Enhanced structure can arise due to novel dynamics at any of these steps

Initial Conditions: Standard Assumption

Density perturbations small on all scales

$$\frac{\delta\rho_{\text{dm}}}{\bar{\rho}_{\text{dm}}} \sim \frac{\delta\rho_{\gamma}}{\bar{\rho}_{\gamma}} \sim 10^{-5}$$



Can we test these assumptions? What are the alternatives?

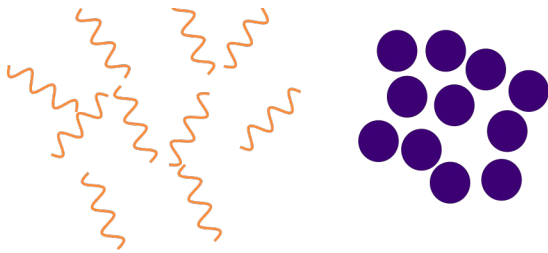
Length scales probed by CMB have

$$k/k_{\text{eq}} \sim 1$$

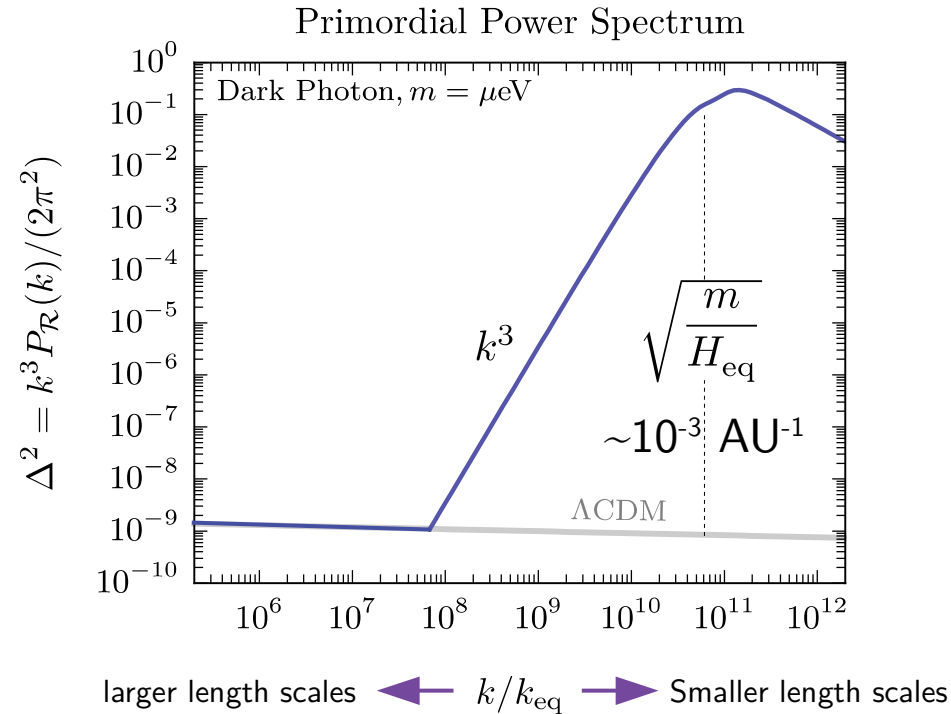
Initial Conditions: Vector Dark Matter

- DM can be “born” clumpy

Vector Dark Matter
produced during inflation



$$\frac{\delta\rho_{\text{dm}}}{\bar{\rho}_{\text{dm}}} \gg \frac{\delta\rho_{\gamma}}{\bar{\rho}_{\gamma}}$$



Graham, Mardon & Rajendran (2015)

Properties of the power spectrum (peak and slopes) tied to DM mass and spin

Evolution of Density Perturbations

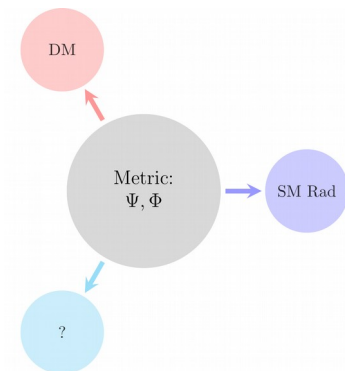
Initial density fluctuations need to be evolved to late times

Evolution of DM density perturbation governed by

energy/momentum conservation + gravity $\delta = [\rho_{dm}(x) - \bar{\rho}_{dm}]/\bar{\rho}_{dm}$

$$\ddot{\delta} + \mathcal{H}\dot{\delta} + \dots = -k^2\Psi - 3\ddot{\Phi}$$

Background cosmology



Evolution of Density Perturbations

Initial density fluctuations need to be evolved to late times

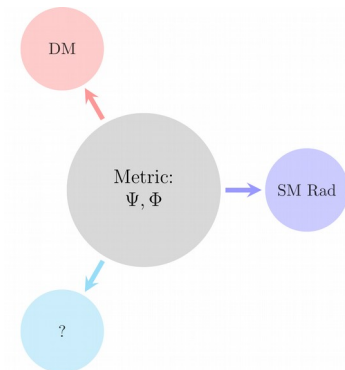
Evolution of DM density perturbation governed by

energy/momentum conservation + gravity $\delta = [\rho_{dm}(x) - \bar{\rho}_{dm}]/\bar{\rho}_{dm}$

$$\ddot{\delta} + \mathcal{H}\dot{\delta} + \dots = -k^2\Psi - 3\ddot{\Phi}$$

Background cosmology

Gravitational driving



Evolution of Density Perturbations

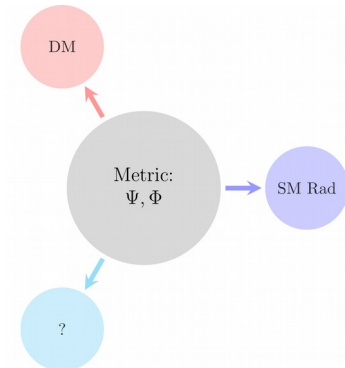
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Background cosmology Scale-dependent effects:
Radiation pressure, wave effects Gravitational driving



Evolution of Density Perturbations

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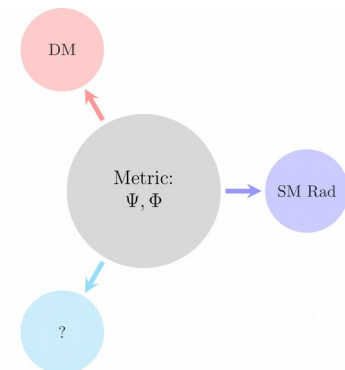
Background cosmology

Scale-dependent effects:

Gravitational driving

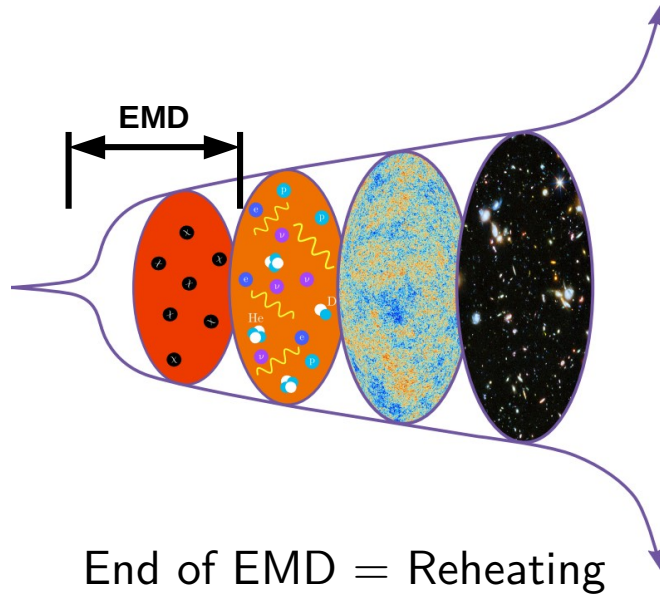
Radiation pressure, wave effects

$$\delta \propto \begin{cases} a & \text{matter dom.} \\ \ln a & \text{radiation dom.} \end{cases}$$

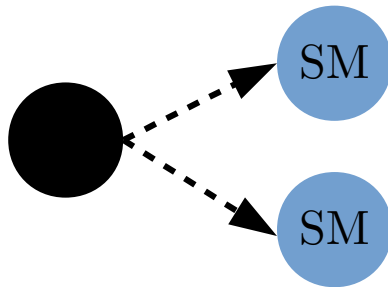


Early Matter Domination (EMD)

Pre-BBN ($T > 5$ MeV) universe dominated by **matter** instead of radiation

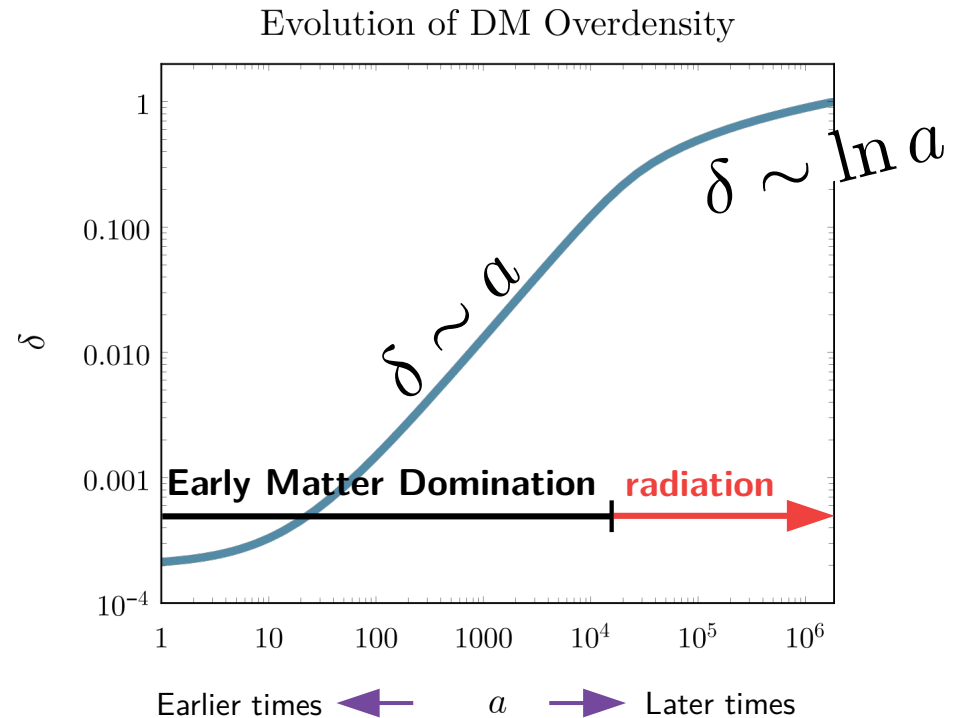
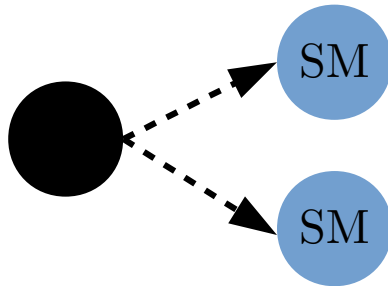
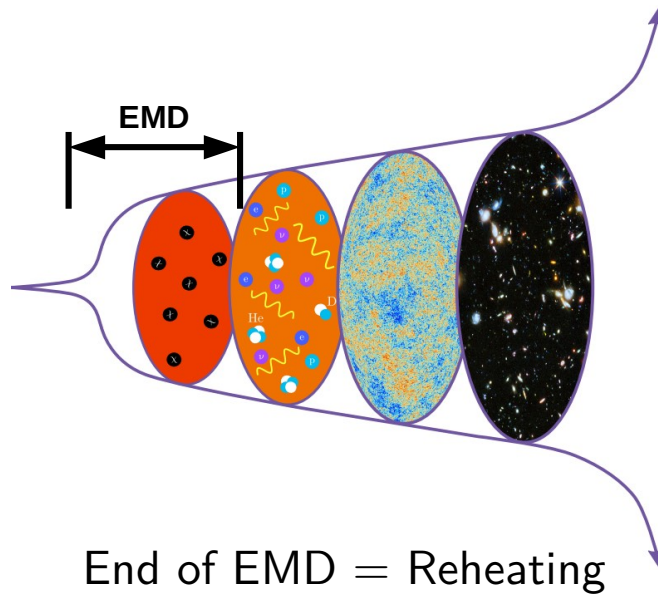


End of EMD = Reheating



Early Matter Domination (EMD)

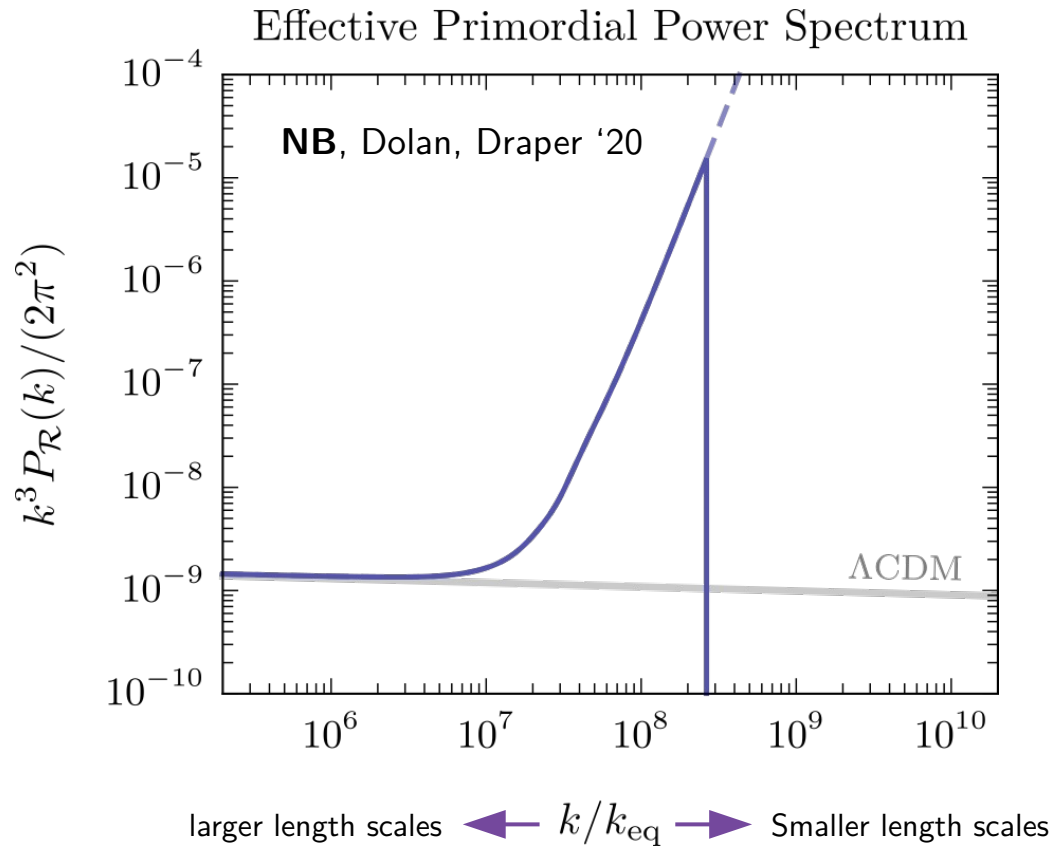
Pre-BBN ($T > 5$ MeV) universe dominated by **matter** instead of radiation



CDM & WIMPs: Erickcek, Sigurdson '11
ALPS: **NB**, Dolan, Draper '20

EMD enhances growth of small-scale density perturbations

Impact of EMD

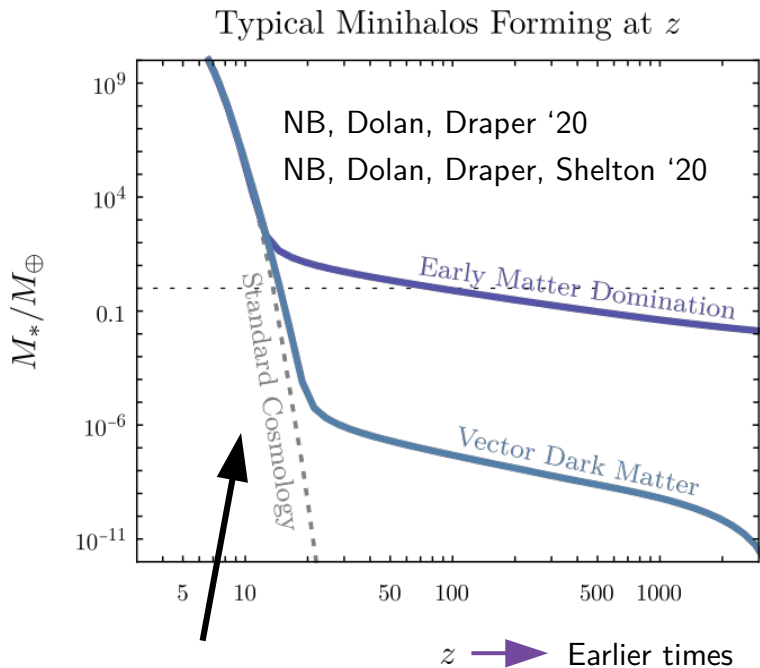


DM becomes clumpy in course of pre-BBN cosmology

Formation of Minihalos

Enhanced overdensities at small scales natural in different particle/cosmology models

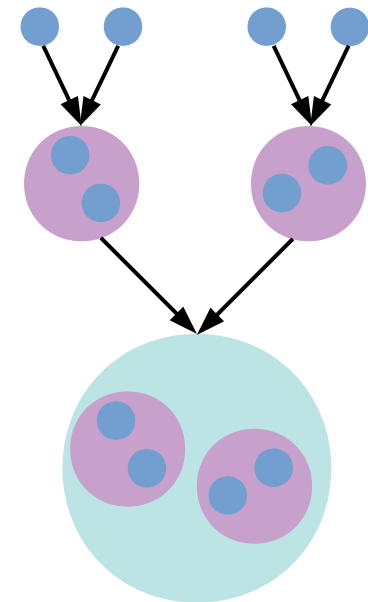
Gravitational collapse begins much earlier. Minihalos – first gravitationally bound objects to form.



Standard Cosmology:

First halos form at $z < 30$

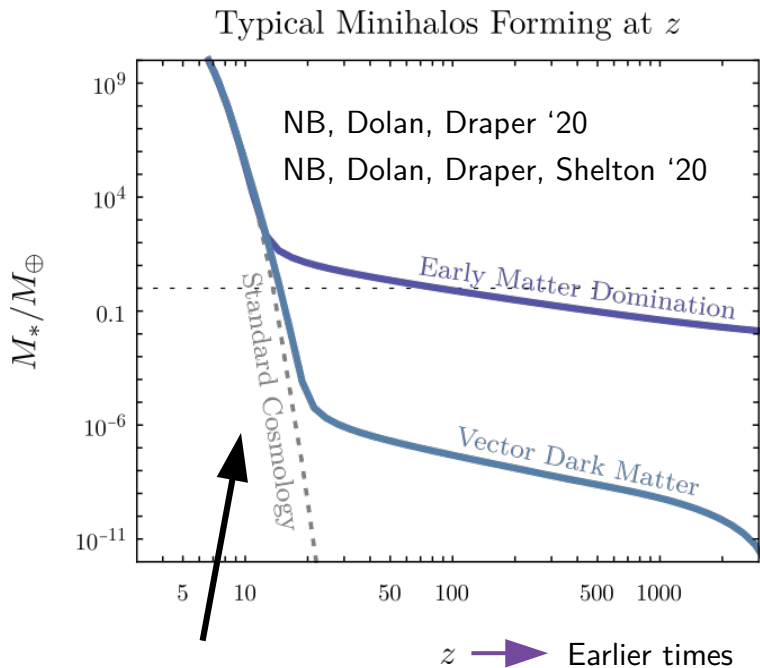
Hierarchical Assembly



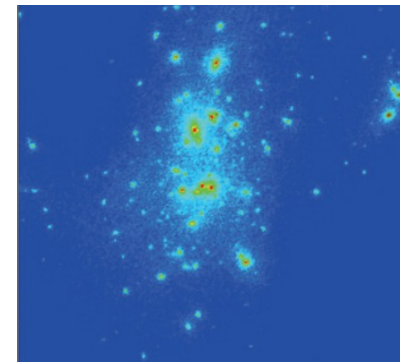
Formation of Minihalos

Enhanced overdensities at small scales natural in different particle/cosmology models

Gravitational collapse begins much earlier. Minihalos – first gravitationally bound objects to form.



Minihalo at $z=30$



Erickcek & Waldstein '17

Standard Cosmology:

First halos form at $z < 30$

Properties of Minihalos (EMD)

Density:

$$\rho(z_c) \approx 230 \text{ GeV/cm}^3 \left(\frac{1 + z_c}{100} \right)^3$$

Compare with:

Average “local” DM density $\sim 0.3 \text{ GeV/cm}^3$

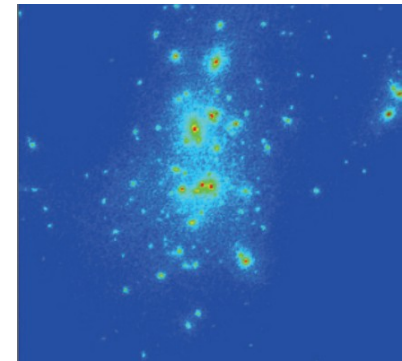
Average Earth density $\sim 3 \times 10^{24} \text{ GeV/cm}^3$

Size:

$$R(z_c) \sim 10^3 \text{ AU} \times \left(\frac{5 \text{ MeV}}{T_{\text{RH}}} \right) \left(\frac{100}{1 + z_c} \right)^{3/2}$$

Compare with: Solar system $\sim 10^2 \text{ AU}$

NB, Dolan, Draper '20



Erickcek & Waldstein '17

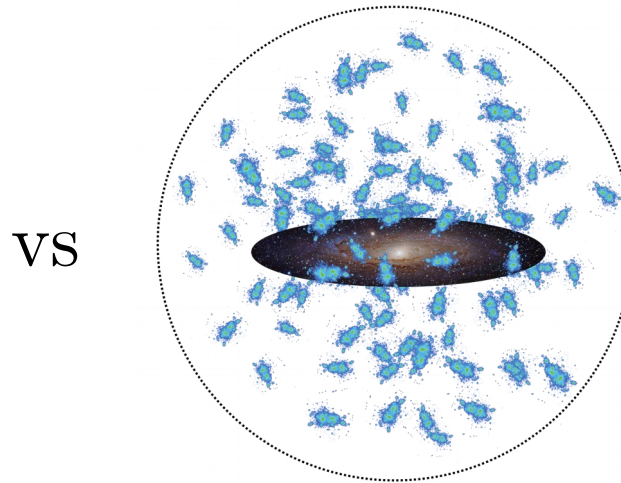
Earlier collapse \Rightarrow denser, more compact minihalos

Galactic Dark Matter Halo

Standard Cosmology



EMD or Vector Dark Matter



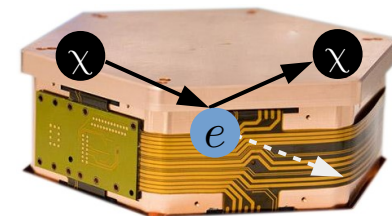
Clumps not to scale

Minihalo mass, size distribution sensitive to power spectrum – potential to distinguish different models. Simulations required!

Running into a Minihalo

- Direct detection experiments search for energy deposition in terrestrial detectors
- Earth-minihalo encounter rate

$$\sim 10^4 \text{ yr} \left(\frac{M_{\oplus}}{M} \right)$$



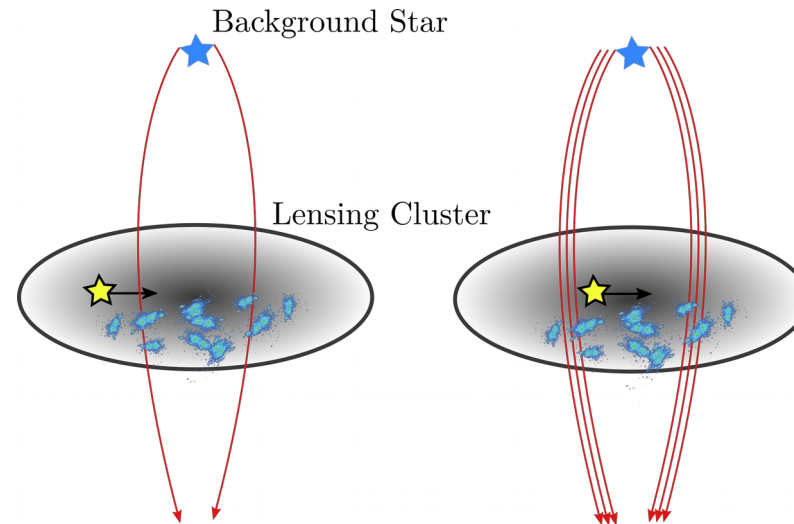
SuperCDMS SNOLAB

*Only a rough estimate! Depends on precise distribution of minihalos at late times

Standard direct detection probes can come up empty!

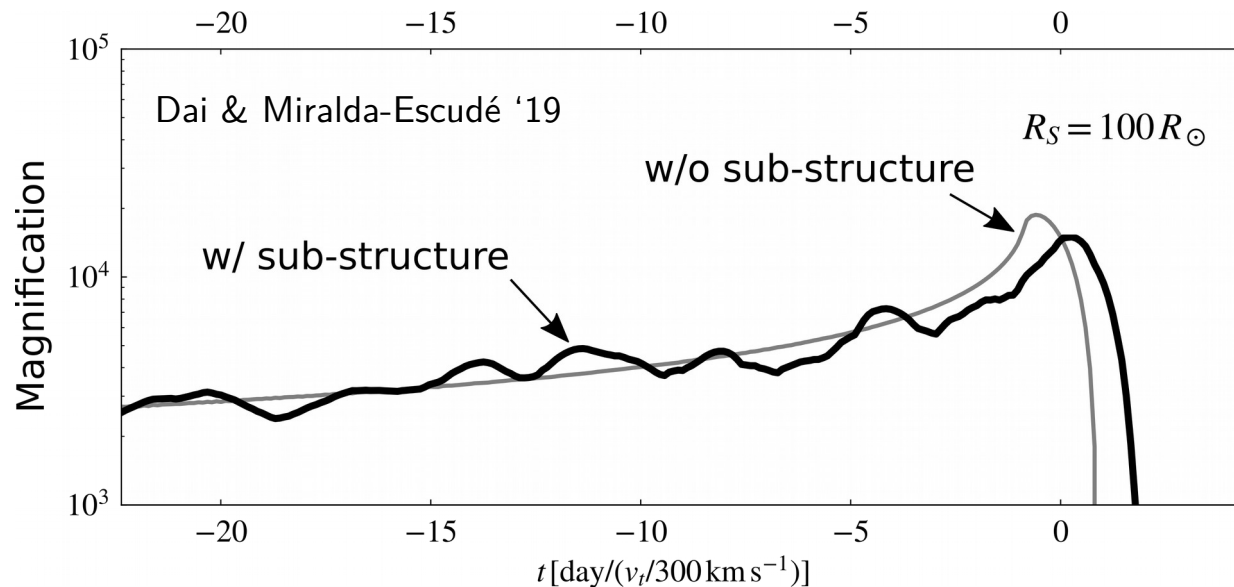
A Gravitational Search: Photometric Lensing

- Highly magnified, extragalactic star is microlensed by a intra-lens star/black hole
- Tiny density fluctuations due to minihalos amplified
- This “noise” is imprinted on microlensing lightcurve

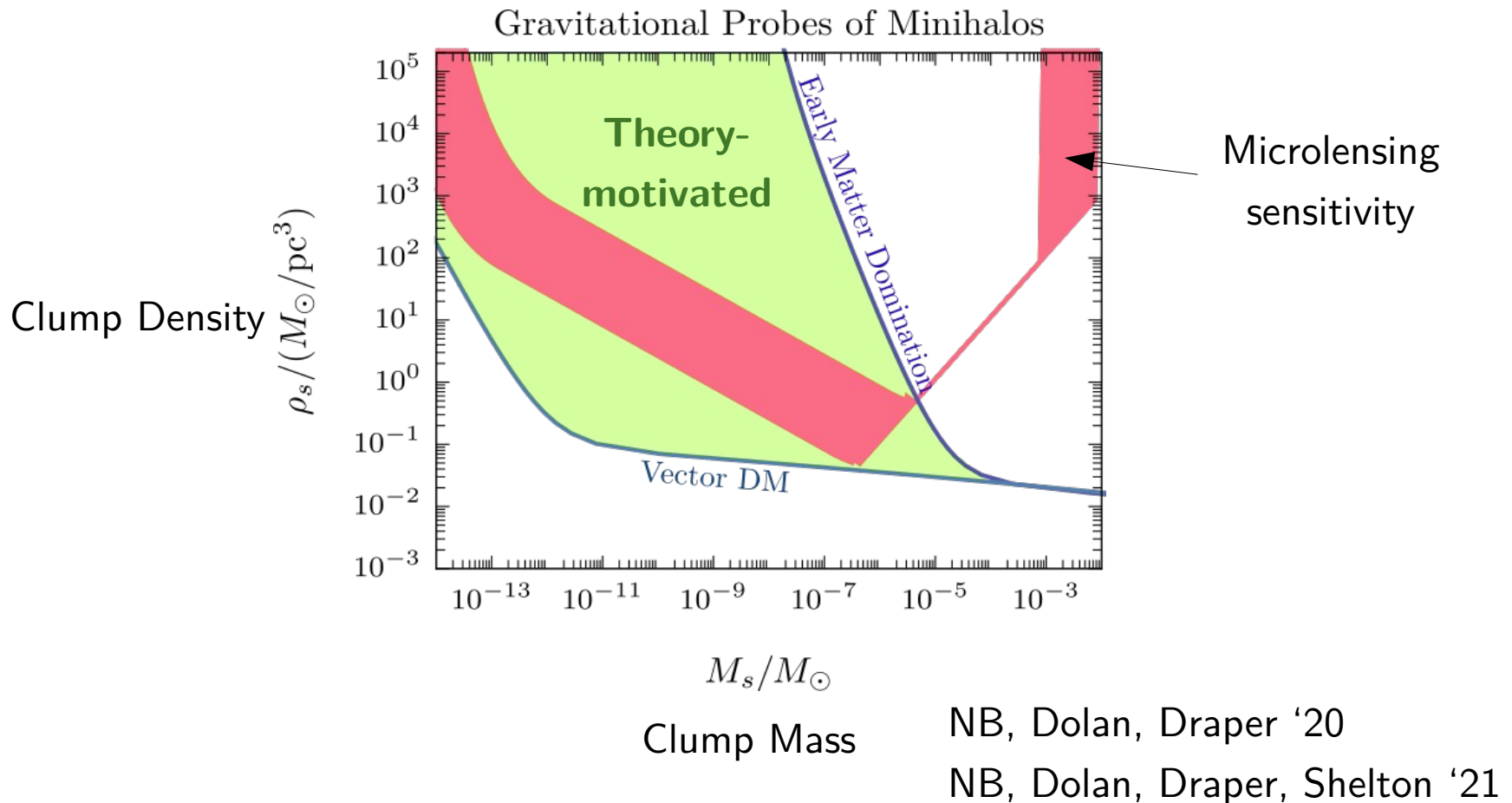


A Gravitational Search: Photometric Lensing

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Future Sensitivity of Gravitational Probes



Future observations can probe first moments after the Big Bang!

Conclusion

Experimental and observational tools give unprecedented window into the early universe:

- Cosmological data probes contents of the universe and their interactions

We can learn about physics beyond the Standard Model!

- We must be careful to interpret this data with terrestrial experiments in mind
- Early evolution of the universe is unknown

Dark matter substructure can offer vital clues!

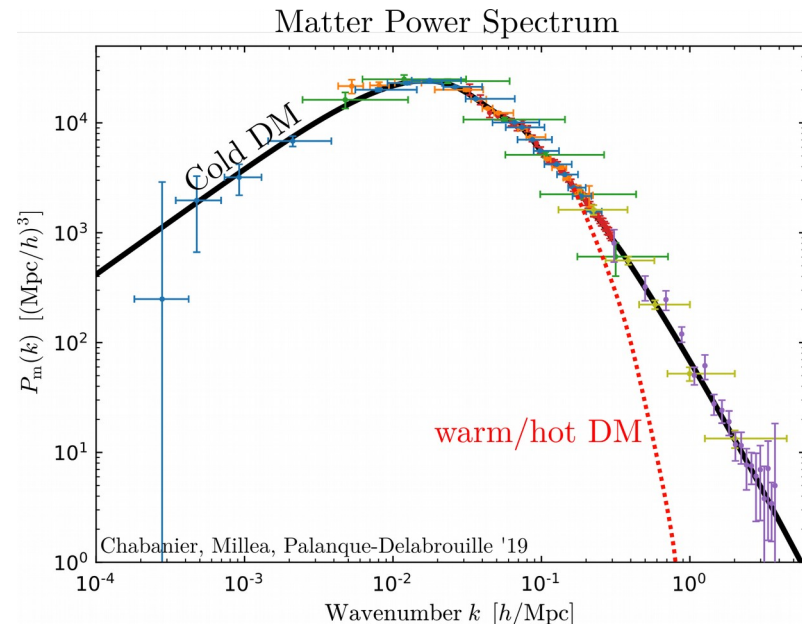
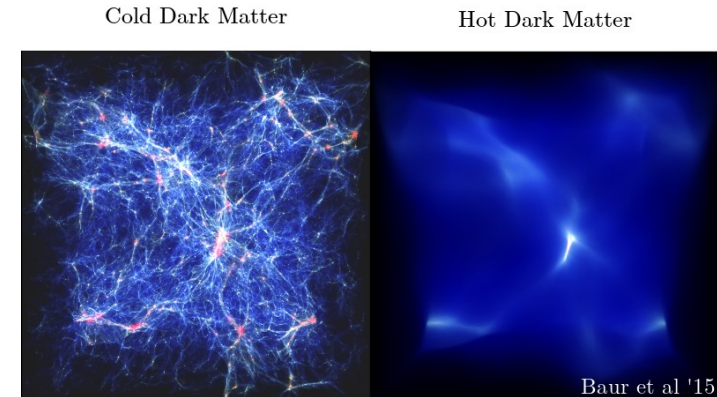
Thank you/Merci!

Appendix

Dark Matter in the Universe

- ~ 5 times more DM than normal stuff
- Non-relativistic (“cold”)
- Present in galaxies
- Weakly (if at all) interacting with us

Simulations of Large-Scale Structure



The Expanding Universe

Far-away objects (like galaxies) are receding from us

$$v \approx H_0 d$$

$$H_0^{(1929)} \sim 500 \text{ km/s/Mpc}$$

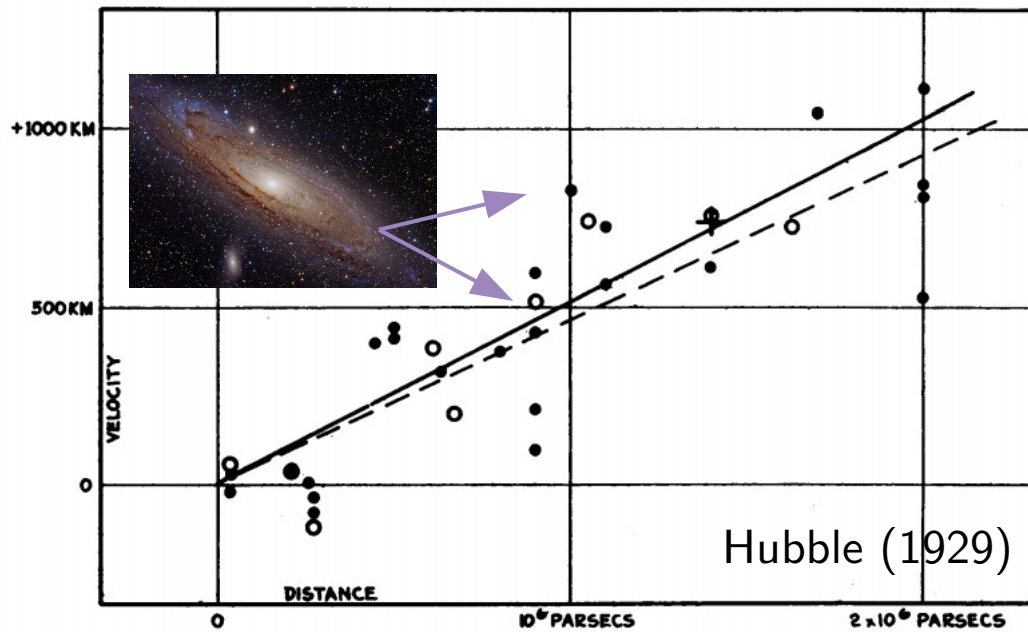


FIGURE 1

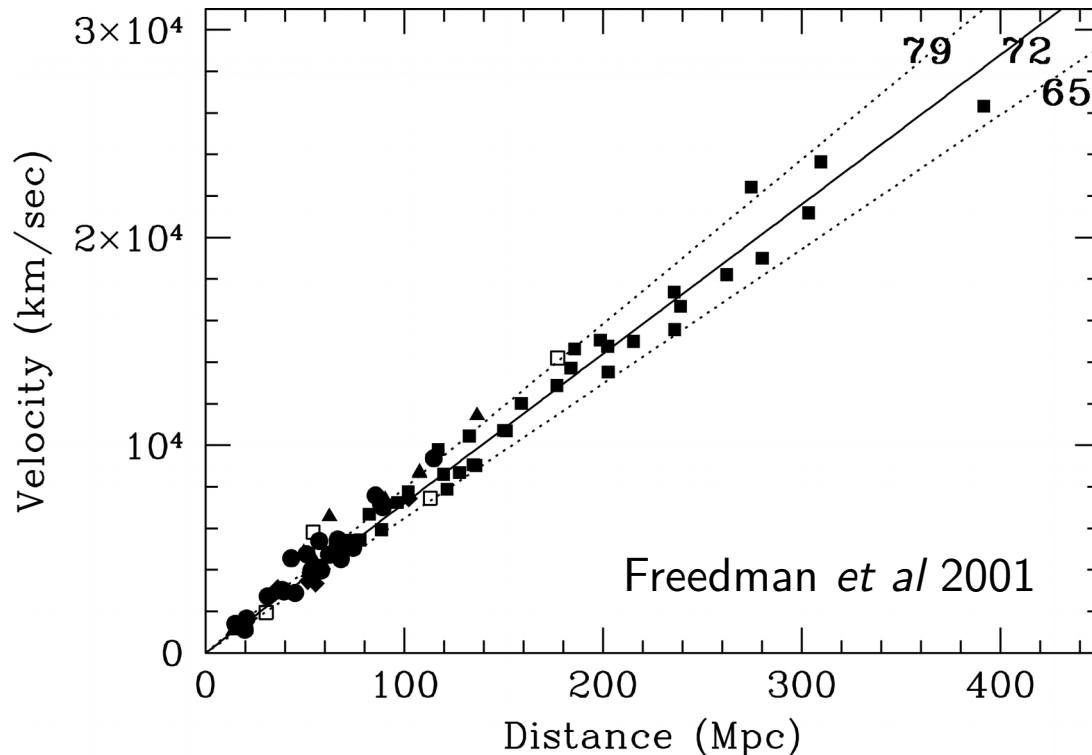
Earlier estimates by Lemaitre (1927) and Robertson (1928)

The Expanding Universe

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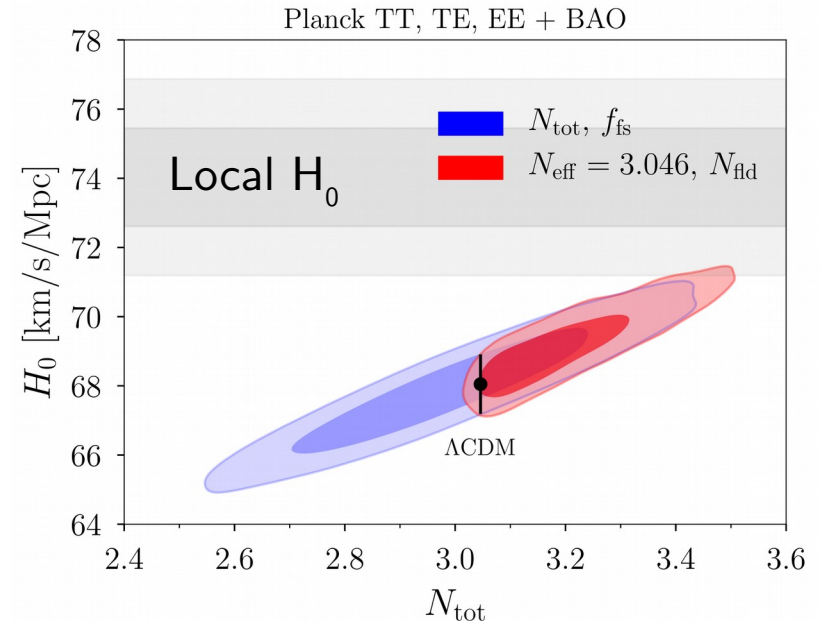
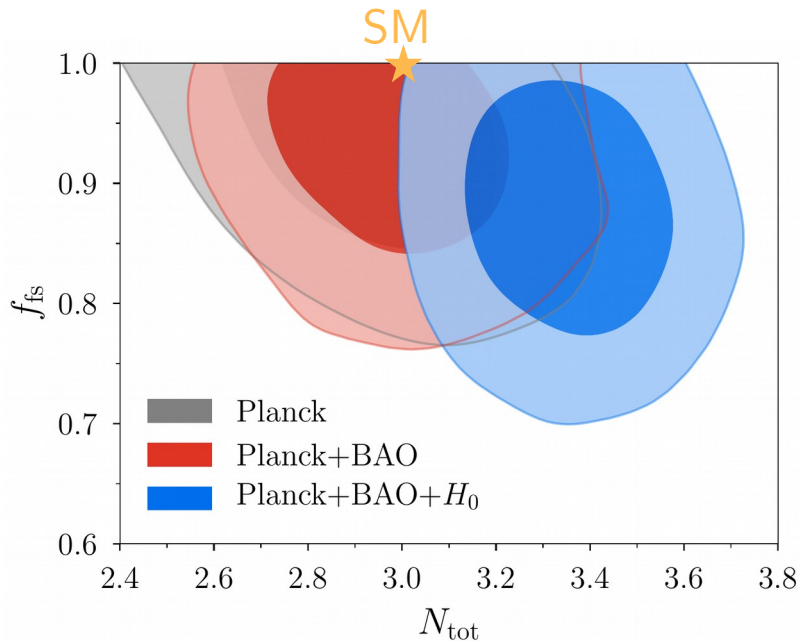
$$v \approx H_0 d$$

$$H_0^{(2019)} \approx 74.03 \pm 1.42 \text{ km/s/Mpc} \quad \text{Riess et al 2019}$$



Constraints on Dark Radiation

Allow radiation density and free-streaming fraction to vary



No preference for beyond-SM from early cosmology alone!

Still no consistent fit to both direct H_0 and CMB

Connection to Particle Physics

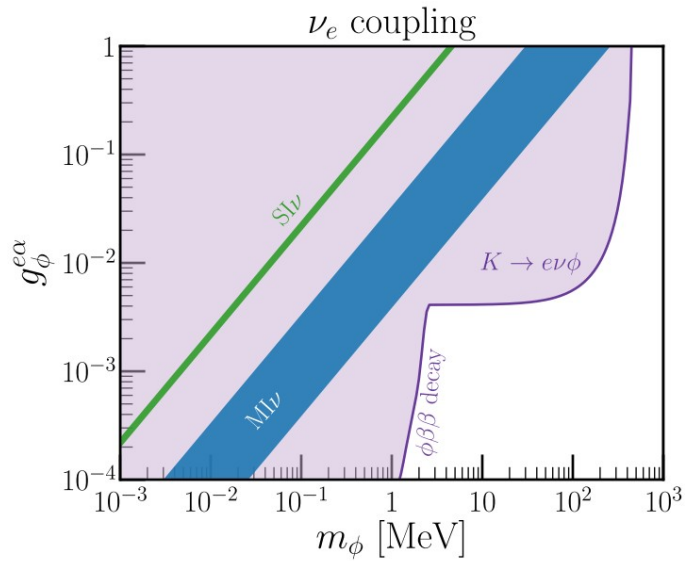
- Expansion rate (and derived quantities) probes the contents of the universe at early times

sensitivity to Beyond-SM contributions

- Observables depend on evolution of perturbations in cosmological fluids

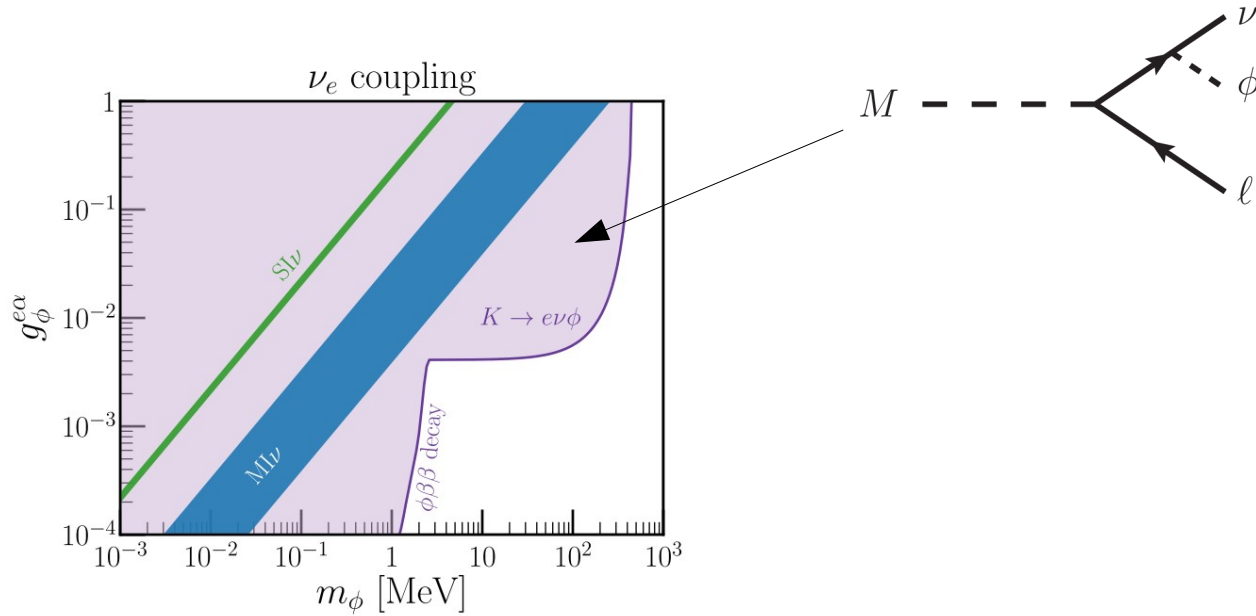
**sensitivity to new interactions of SM particles
or within “dark” sector**

Constraints From Particle Physics



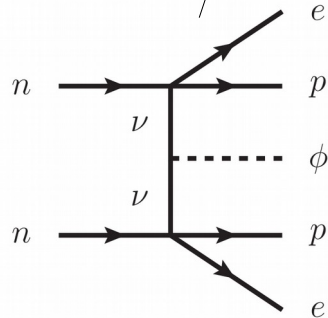
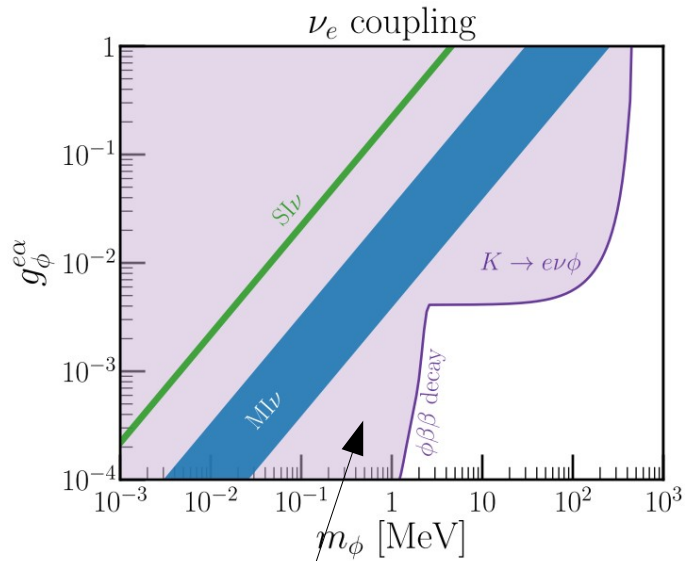
NB, Kelly, Krnjaic, McDermott (2019)

Constraints From Particle Physics



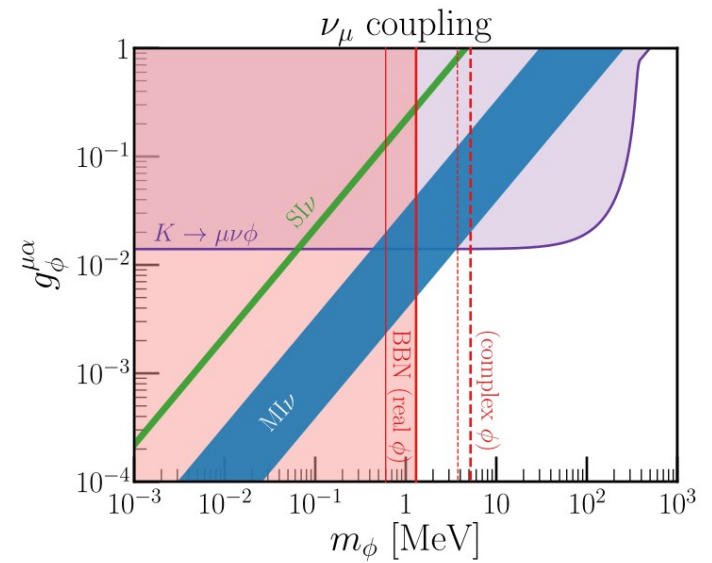
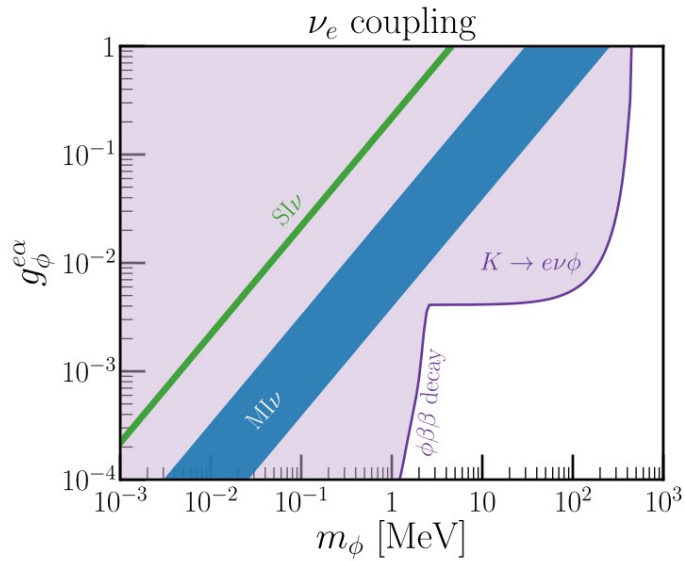
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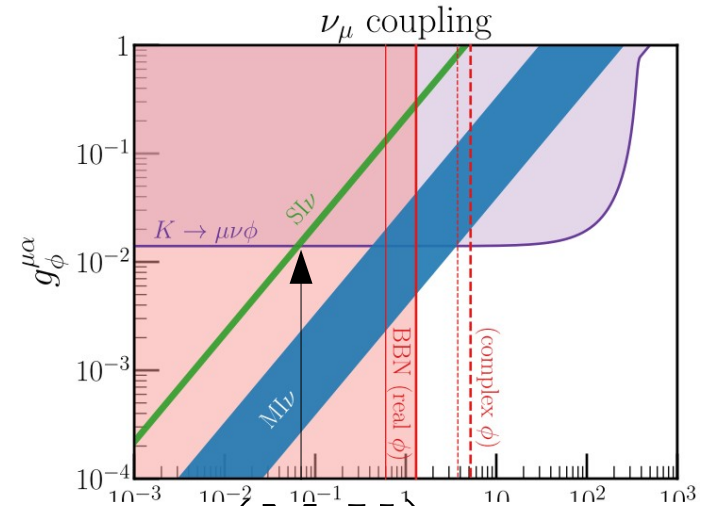
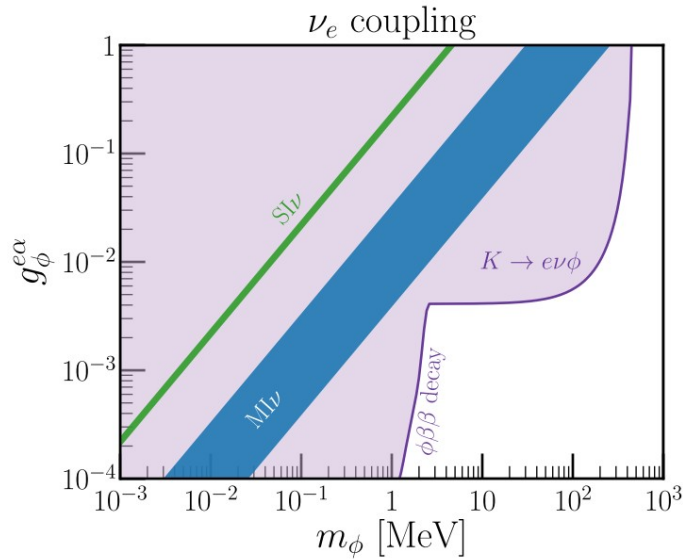
NB, Kelly, Krnjaic, McDermott (2019)

Constraints From Particle Physics



NB, Kelly, Krnjaic, McDermott (2019)

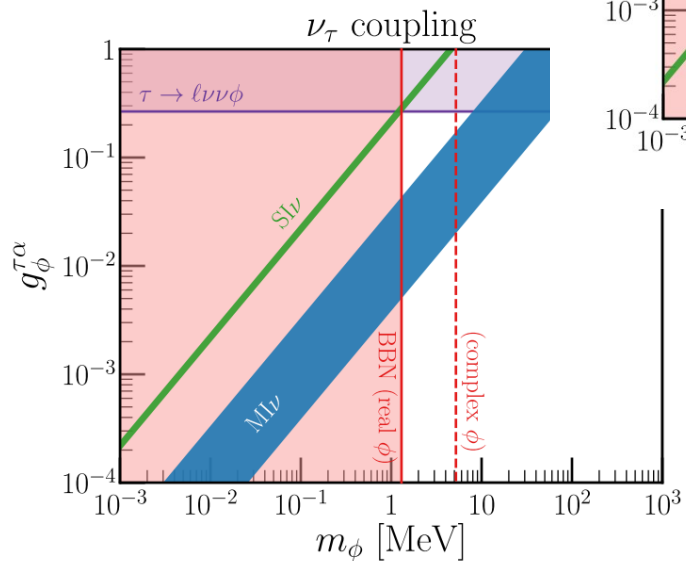
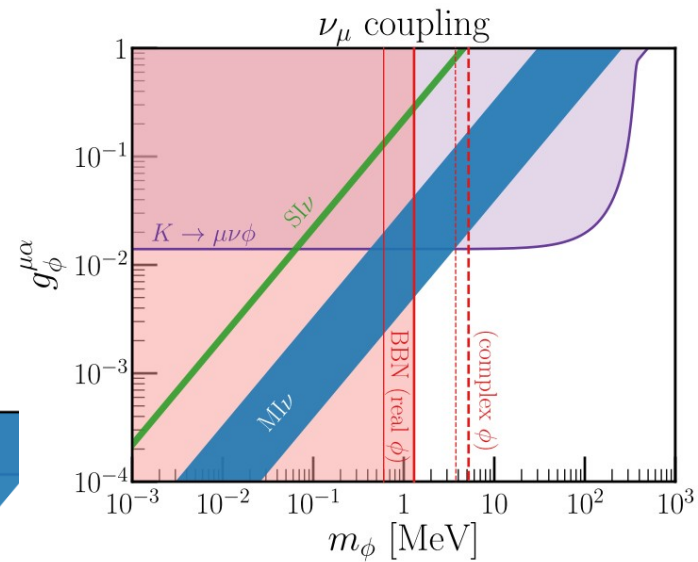
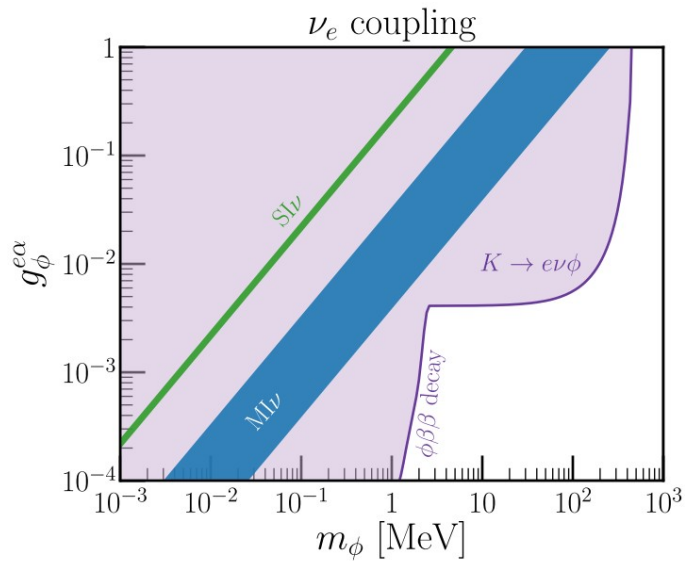
Constraints From Particle Physics



$$|g_{\alpha\beta}| \gtrsim 10^{-10} \left(\frac{\text{MeV}}{m_{\phi}} \right) \Rightarrow \rho_{\phi} \sim T^4$$

NB, Kelly, Krnjaic, McDermott (2019)

Constraints From Particle Physics



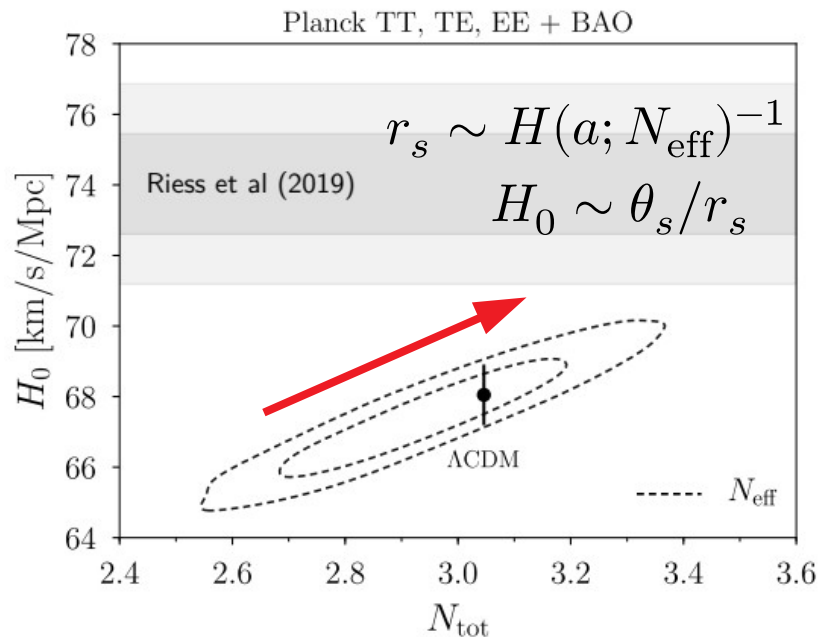
NB, Kelly, Krnjaic, McDermott (2019)

Extra Radiation

- Simplest BSM way to reduce sound horizon: non-interacting radiation/relativistic species

$$\rho_{\text{rad}} = \rho_{\gamma} \left[1 + \frac{7}{8} N_{\text{eff}} \left(\frac{4}{11} \right)^{4/3} \right]$$

- $N_{\text{eff}} = 3$ in SM, $N_{\text{eff}} > 3$ with dark radiation

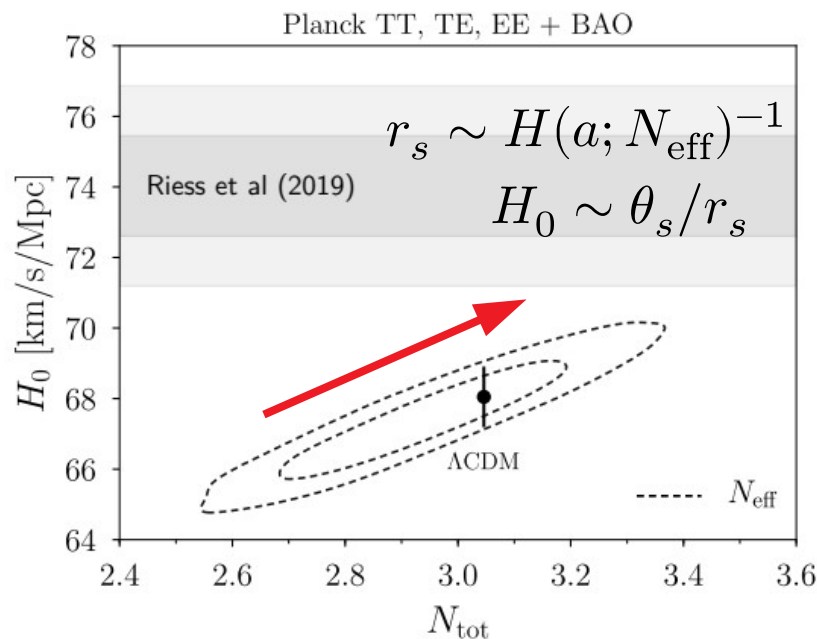


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$$\Delta\chi^2 = (\chi_{N_{\text{eff}}}^2 - \chi_{\Lambda\text{CDM}}^2)_{\text{min}}$$

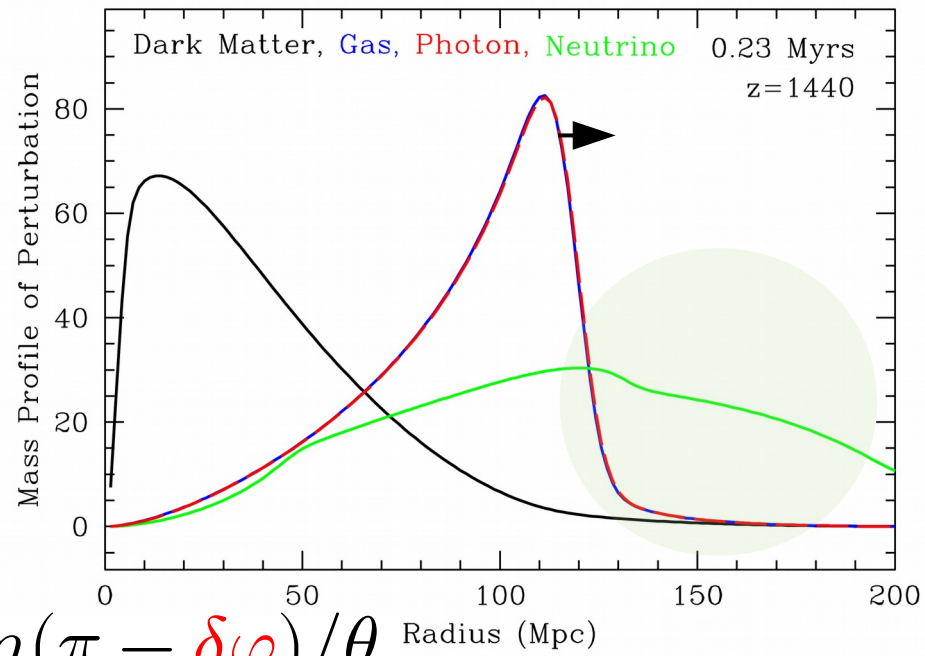
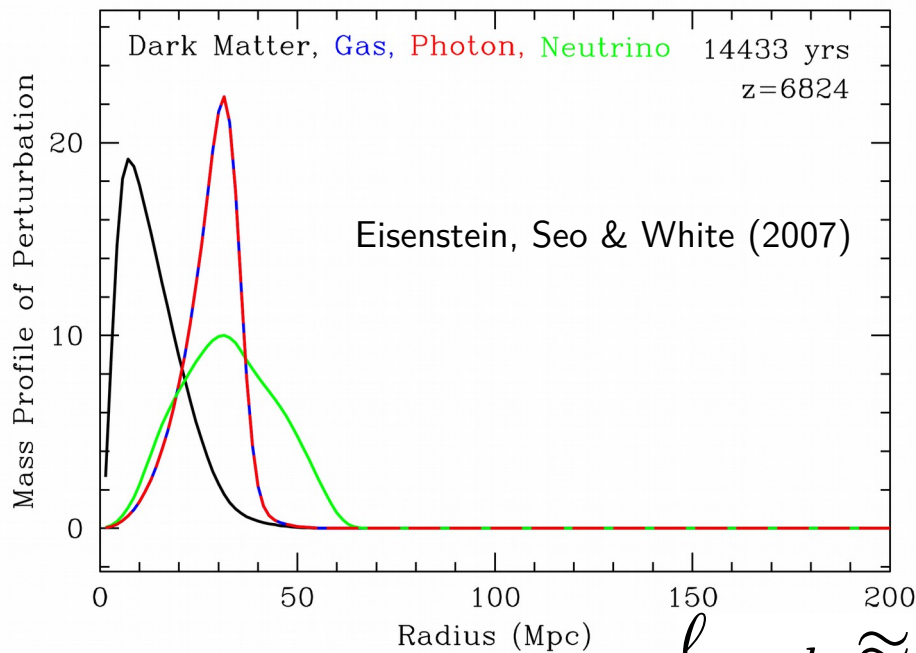
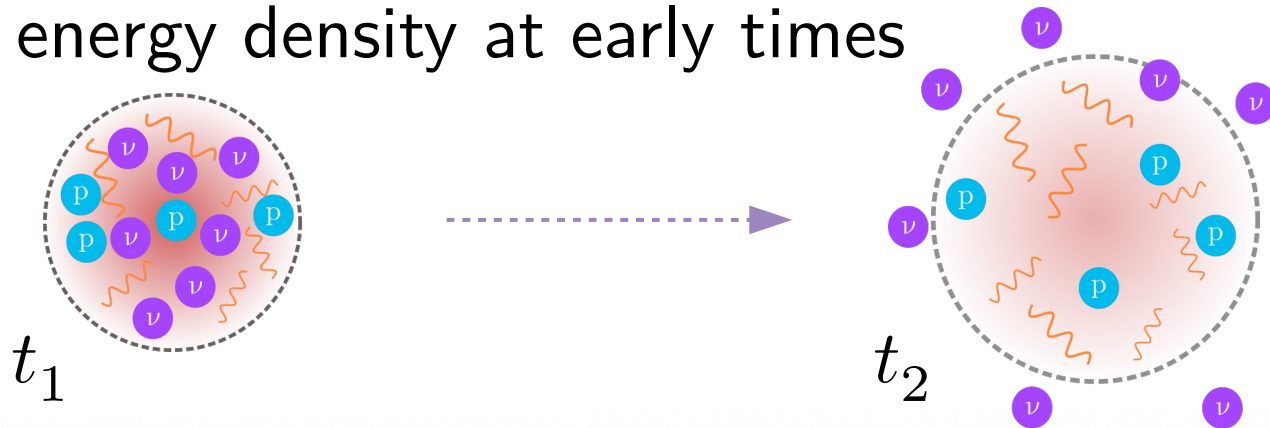
Data Set	N_{eff}
TTTEEE	+2.68
low- ℓ TT	-0.63
low- ℓ EE	+0.09
lensing	+0.17
BAO	+0.39
H_0	-4.99
total	-2.3

Worse fit to CMB tail

Better fit to local H_0

Origin of Phase Shift: Free-streaming Nus

- Neutrinos are super-sonic and make up about 41% of the energy density at early times



$$l_{peak} \approx n(\pi - \delta\varphi) / \theta_s$$

Self-Interacting Neutrinos II

$$G_{\text{eff}} = (4.7^{+0.4}_{-0.6} \text{ MeV})^{-2}$$

Best fit points have large departures from Λ CDM in other cosmological parameters

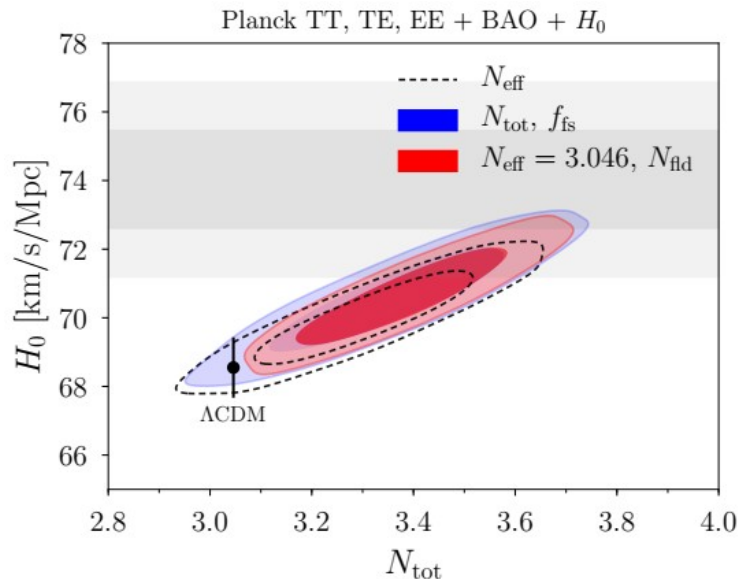
$$N_{\text{eff}} \approx 4, \quad \sum m_{\nu} = 0.4 \text{ eV}, \dots$$

Can one have such a neutrino self-interaction in realistic models?

NB, Kelly, Krnjaic, McDermott (2019)

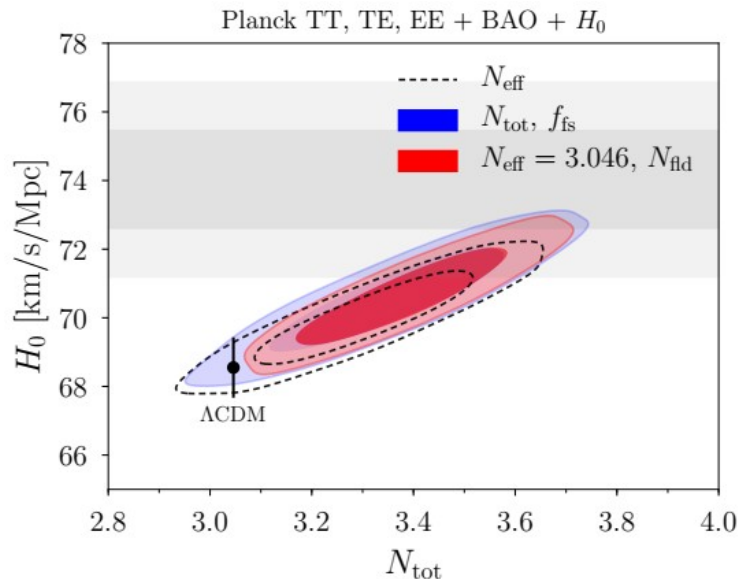
Consistency With Local Measurements

Data is consistent with a larger contribution of interacting radiation than free-streaming allowing for a better fit to H_0



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$$\Delta\chi^2 = (\chi^2 - \chi_{\Lambda\text{CDM}}^2)_{\min}$$

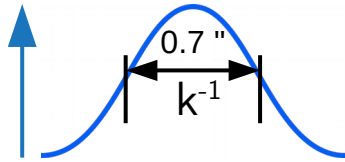
Data Set	N_{eff}	$N_{\text{eff}} = 3.046, N_{\text{fld}}$	$N_{\text{tot}}, f_{\text{fs}}$
TTTEEE	+2.68	+6.24	+6.24
low- ℓ TT	-0.63	-0.56	-0.56
low- ℓ EE	+0.09	-1.06	-0.29
lensing	+0.17	+0.8	+0.39
BAO	+0.39	+0.73	+1.04
H_0	-4.99	-9.93	-10.81
total	-2.3	-3.81	-4.02

High ℓ temperature and polarization data key in constraining extra radiation (free-streaming or not)

Structure Growth During EMD

Evolution of DM density perturbation governed by

energy/momentum conservation + gravity $\delta = [\rho_\chi(x) - \bar{\rho}_\chi]/\bar{\rho}_\chi$

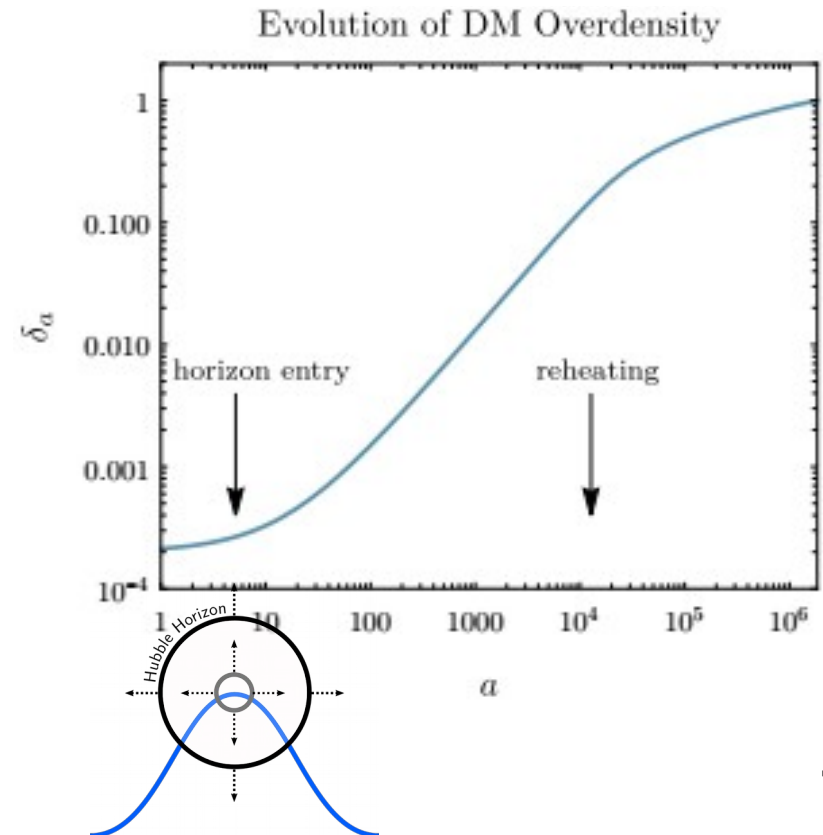


$$\ddot{\delta} + \mathcal{H}\dot{\delta} \approx -k^2\Psi$$

Growth depends on b/g expansion through \mathcal{H}

$$\delta \propto \begin{cases} a & \text{MD} \\ \ln a & \text{RD} \end{cases}$$

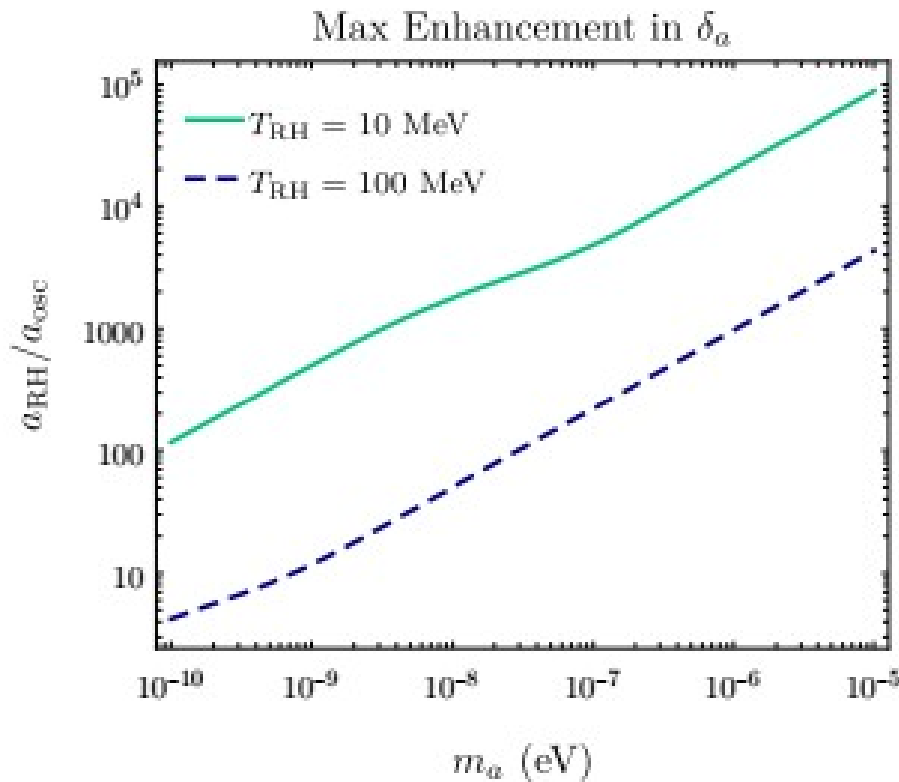
EMD enhances growth by a factor $\sim a_{\text{RH}}/a_{\text{hor}}$



Enhanced Growth of Perturbations

Density perturbations starting at $\sim 10^{-4}$ can grow by several orders of magnitude during EMD

Maximum Enhancement from EMD

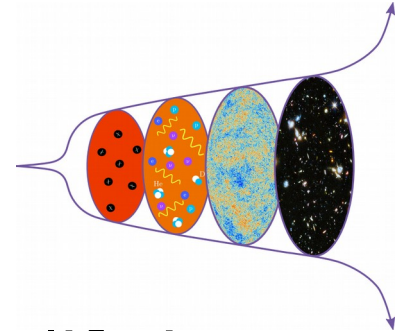


Amplitude of
primordial density
fluctuations set by
inflation

Non-Standard Cosmology from the UV

Universe can be matter-dominated (MD) early on, instead of radiation-dominated (RD) early on because

- Heavy particles ϕ abundant in string theory, supersymmetry, extra dimensions
- Generically produced during inflation
- If weakly coupled, they can have a long lifetime

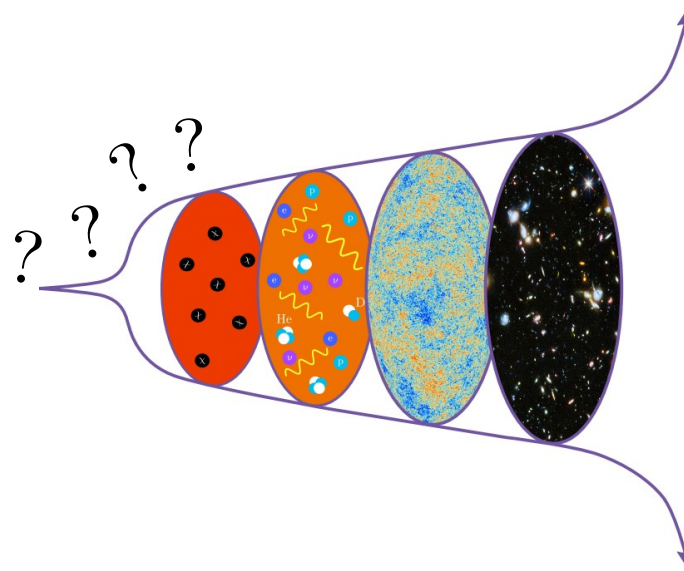


$$\tau_{\phi} = 0.1 \text{ s} \left(\frac{100 \text{ TeV}}{m_{\phi}} \right)^3 \left(\frac{\Lambda}{M_{\text{Pl}}} \right)^2$$

Imprints of the Early Universe

DM substructure is one of only two ways to access pre-nucleosynthesis physics

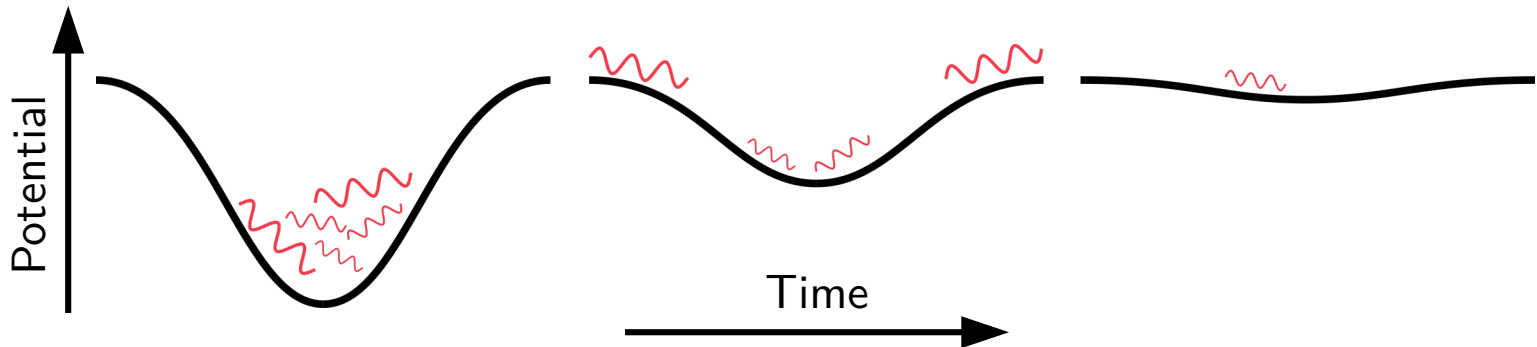
- Non-standard cosmological histories
- Inflationary particle production and other dynamics
- Phase transitions



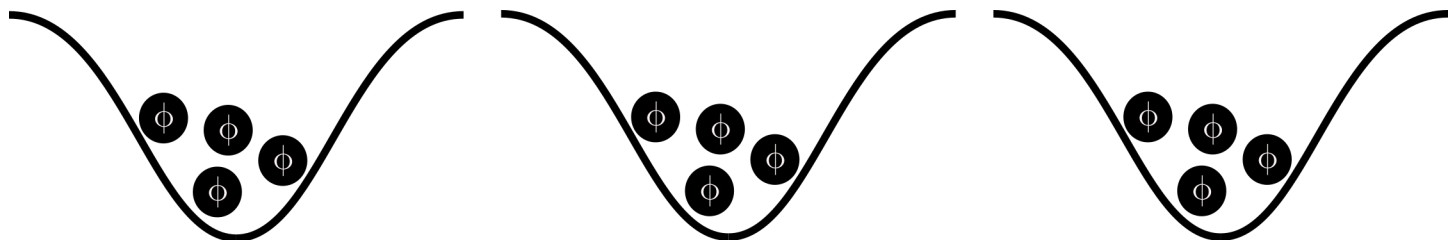
Impact on Small-Scale Structure

Modified cosmology also changes the growth of density perturbations

- *Radiation domination*: gravitational potentials decay

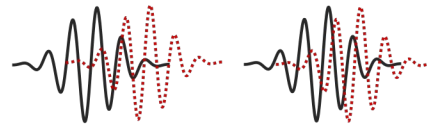
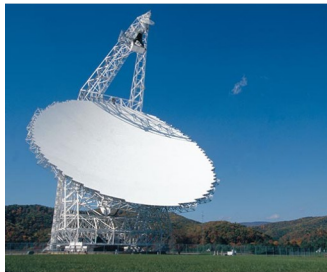


- *(Early) Matter domination*: gravitational potentials stay constant



Pulsar Timing Arrays

- Pulsars – stability comparable to atomic clocks!
- Minihalo can pass close to a pulsar
- Gravitational interaction shifts pulse arrival time



gravity



$$\text{frequency shift} \sim \frac{GM}{vr_{\min}}$$

Dror et al '19